

Specific Person

Success Stories



Success Stories From Reddit
(Compilation)



Success Story: SP BACK (TWICE)

Go to [NevilleGoddard2](#)
[r/NevilleGoddard2](#)

8 mo. ago

User: [Former_Effort8716](#)

SP BACK (TWICE)

I downloaded reddit again just to share my experience lol

(BACK STORY)

We broke up month of MAY and i was begging him to come back 'til JUNE (3P was also involved) and then i gave up and learned about the LAW (spent hours every single day reading success stories and advices here on reddit)

there were a lot of waverings at first, wasn't easy for me to believe that manifestation really works.. i was in my desperate state until i let myself heal first (i'm not saying that this is needed but thats what i needed to release all my resistance)

All i did was affirm nothing more nothing less even tho i know that SP is wt 3P it didn't really affect my assumptions because my self concept was so high and i think highly of myself —my affirmations that “he regrets leaving me” “he loves me” “he misses me” “he knows i can't compare” all comes naturally in my mind

I also put myself to the pedestal that i had a few talking stages from July 'til August but in my mind i know that my endgame will always be with my SP even tho sometimes i think about not wanting him back anymore but my affirmations and assumptions just wont stop popping into my mind and it felt so real because i just know its real lmao

Mind you circumstances don't matter imagine my situation it involves 3P, he said he doesnt love me anymore, wont answer my calls, doesnt want to see me, left me on read, unfollowed and everything as in zero chances of him wanting me back but now we're back together lmaoooo



Around september he messaged me and i was shook to my core saying he misses me and wants to see me.. i didnt like how he approached me and we had a little bit of argument so i pushed him away didnt talk again but i know that he'll conform the way i want him to approach me again.. all i did was assumed that he wants to talk to me again

Guess what he did talk to me again (took me two weeks only lol) .. first week of october—he explained himself so well and asking me to meet him and so i agreed.. now we're back together hahahsh i still can't believe how energies and assumptions really create realities

my advice just affirm and think highly of yourself

MY AFFIRMATIONS "They always come back" "Its a regret to leave me" "SP loves me" "SP misses me" "SP wont stop thinking about me"

Alsooo don't make manifestation really complicated because whatever you do it will still happen just believe its real— because the month he messaged me i still cry and think about SP,i stalked every single day lol but look it still happened because i didn't believe that when i do these things it will ruin my manifestation — if that make sense :) anyway goodluck to those who are manifesting their SP



Success Story: Journey Manifesting an SP + Moving Forward

Go to [NevilleGoddard2](#)

[r/NevilleGoddard2](#)

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3 mo. ago

[Admirable-Lychee8036](#)

Journey Manifesting an SP + Moving Forward

Success Story

Hello All,

I used to post here somewhat frequently under another account. I wanted to make this post today to bring up a success story; I was able to manifest my ex back after I emotionally cheated on her.

A few years ago, I emotionally cheated on her by talking with another person while we were together. To spare the old story, I understood that what I did was wrong and therefore worked on myself as well. While we had a relationship afterward for a few months, we eventually separated. I started my journey to manifest her back around the end of July 2024, and got her back around October 2024 (while we were not official, we had gone back to the talking stage) and we made things official last December. What I did was I affirmed to myself, used subliminals, and, in general, also tried to capture a specific "feeling" during this time. While techniques exist, I believe they are all a means to this end.

Neville's famous book, *Feeling is the Secret*, famously talks about feeling your wish fulfilled in order to achieve your desires. From my time manifesting, I believe I made a recent breakthrough in terms of this "feeling." Manifestations stem from feeling, and therefore, I believe that each of us have two main feelings. One of them leads to negative outcomes, the other leads to positive outcomes.

I mention this because first, I focused on my feeling of neutrality when I was manifesting her back in the past. However, second, I also used past negative outcomes to gauge whether manifestation would be possible. What I found (and I believe this varies from person to person) is that all the times we had separated, I was anxious leading up to them. Even if there was no indication of a separation coming. I believe my anxiety caused me to land in negative outcomes, however, I used my negative outcomes as fuel for a good outcome. If something negative can occur during one of the most positive



times, so can something positive occur during one of the most negative times; circumstances **do not** matter.

While I had success last year, it was short-lived, and I let my anxieties get the better of me and manifest negatively into my life. We split off a few weeks ago, and within that same week a third party appeared, one I had found myself obsessing over for a week. To make matters worse, my SP mentioned not wanting to be together until at least next decade. Considering how I got myself into this mess, I know I can get myself out. If I, as someone who cheated and betrayed my partner, was able to manifest reconciliation, then circumstances truly don't matter. Moving forward, I am going to get rid of the third party and get my relationship back. I will also remember about the law, and improve my self-concept and use a proper mental diet (while mental diets are unnecessary, people like me who are giant wads of anxiety could benefit from them)

I hope my post is helpful to anyone out there. Techniques do not matter, only the feeling. Creation is in your hands.

~ D



Success Story: SP success story (after 6 months no contact)

Go to NevilleGoddard
r/NevilleGoddard

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6 mo. ago

Apprehensive_Tutor87

Success Story

I finally did it!!

So 6 months ago my SP suddenly broke up with me. I manifested that breakup. I really believe it because everything was amazing before I drove myself crazy about B.

Right after the breakup I went even more crazy. Literally. I affirmed all day, did SATS, manifestation meditations, daydreaming and I wouldn't stop reading success stories.

At some point - probably last month - I stopped being so obsessive about it. I still missed him, I affirmed from time to time. The only thing I really stuck to was daydreaming. I don't think that this method would work for everyone since I have a really strong imagination which made it a lot easier for me. I listened to romantic songs while imagining cute scenarios between me and B.

I did waver. I can't count the times I thought what I was doing is crazy and that I should just move on. There were soo many times I thought that SP would never contact me again. Funnily enough, he didn't. We got „back together“ in another way. One I've imagined several times while daydreaming.

So my friend and I haven't been clubbing in a while. That evening, we didn't plan it. My friend was very hurt about something that had happened to her that day and wanted some distraction. In the car on the way to the club I thought to myself that B is probably looking at my pictures and misses me. It was a thought that I held for like 10 seconds. Then I let it go. I also thought: what if that tiny thought really just did something? After that I went back to the conversation with my friend.

A little backstory: every single time we had gone out in the last 6 months, I had thought that I might see B there. The night it actually happened, I didn't think about that.



So it must have been like 5 minutes after we entered the club. We tried to get to the dance floor when I saw the familiar face of my exes friend. At the same time my friend told me that she just saw B. We turned around and ran to the door. I could not believe it and I was incredibly nervous. I didn't want to go up to him. 10 minutes later he was behind us and my friend told me. I acted as if we were in deep conversation when I felt his finger on my shoulder and turned around.

That was the exact same scenario I had played out in my head so many times. That we are at the club and he suddenly taps my shoulder.

We talked for like an hour after that. Then we danced and finally kissed. He told me that he couldn't stop thinking about me the past few months and that we should hangout sometime. We did a few days later.

We're not officially back together yet but still - what are the odds of that happening after I've imagined it so many times?

So here's my message to you: don't give up. It may take a while. You won't ruin it by wavering or getting obsessive from time to time. Stick to a method that doesn't feel forced but that you enjoy doing.

What also helped me is thinking that SP and I are meant to be together. I just tried to have a knowledge that we're supposed to have a child together (That's actually something I got from Lisa Marie Presleys biography. She wrote in her book about dating other people but knowing that she'd get back together with that one man. And that she felt that they're meant to have children together. It did happen).

Sorry if my story isn't well structured. I wrote that in a haste and since I'm from France, English isn't my first language - so please be nice about it.



Success Story:Big update on SP!

Go to NevilleGoddard2

r/NevilleGoddard2

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1 yr. ago

PositionQuick

Big update on SP!

Success Story

I know I said I wouldn't post but everyone has been super supportive. So here's a big update on my sp. this is the timeline: We got back together around the beginning of Feb and for Valentine's Day he asked me to move in with him. So we've been living together. Since we got back together at the beginning of Feb, I have been manifesting a marriage with him. Around the first week on March he asked what would be my dream proposal. I didn't think nothing much of it and told him. Fast forward to the third week of March. He propose to me !!! He booked a vacation for us to the place where we first met and did it on the piers where we had our first kiss!!!

Btw when we first met he was someone who never believed in marriage.

Background: I've been using Neville's teaching since 2017 but struggled a lot and wanted to give up hope because I felt like nothing I persisted in was coming in to my 3D. So I gave up, around 2020 I got back into and manifested an old sp but I broke it off with him because I no longer felt the connection but I struggled to maintain my manifestations. It wasn't until I really start understanding what self concept truly is and understanding the cycles I went through that I fully was able to manifest things I desired so rapidly. From jobs to money and now to a marriage with the man I love. It's insane. If you're struggle don't give up. Write down the cycles, observe your triggers, learn to not react to the 3D, and Keep persisting. I never let what's happening in the 3D bother me.



Success Story: My SP success story ❤️

r/NevilleGoddard

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2 yr. ago

BenchSignificant6506

My SP success story ❤️

Success Story

Hello all. I'm writing this to hopefully inspire anyone who reads this as I know how painful and discouraging it can be manifesting a specific person at times. I intend and pray that this lifts you up and gives you hope through this holiday season.

There are so many details and things that happened in my journey but for the sake of both of our time I will try to just highlight important shifts and experiences.

Last year my boyfriend broke up with me the day after thanksgiving. In that moment, it felt like my reality crumbled. I always felt it was silly when girls would lose their mind over a breakup. I was always able to move on with my life but with this person I couldn't. This is the love of my life. We have a beautiful connection and had a beautiful relationship. He's also one of the best people I've ever known. We had been going through some rough times in life and in our relationship and I could feel him slipping away. But I honestly never thought we would actually break up. It happened and I was devastated to say the least. I had already known, studied and regularly practiced the law of assumption so I saw this as an opportunity to manifest my SP. I decided I would do it and document my experience from beginning to end.

I started off doing a bit of everything. Affirming, subliminals, scripting, meditations, self concept work. EVERYTHING. And I got tons of movement. I saw how quickly my assumptions were being reflected in his behavior. But I wanted us to be back together and that wasn't happening. I would have a big shift in my self concept and then talk to him about when we would be actually back together (checking the 3D) and his answer never changed. He wasn't ready. This would piss me off and I would tell him I didn't want to hang out anymore and then eventually backtrack on that and start again with my manifestation process. This went on for a few months until my dad died.



When my dad died I was already extremely low in myself and in my life. This was probably one of the worst years of my life, because I had to start completely over in every aspect. My dad dying was a pivotal moment because it was something I couldn't control but I knew could put me in a dark place if I didn't start focusing on my state of being and putting my mental health first. Manifesting my SP and trying to navigate my heartbreak and rebuilding my life was too much on me. I took the focus off of my SP for a bit and just focused on healing and being okay.

I still was hanging out with my SP at this time he was a big support to me and my family when my dad passed away. But I had a lot of anger and resentment to him for giving up on our relationship and seemingly not caring to fix things at all. It was like that wound kept opening the more time passed and it seemed we were getting no closer to being together.

Skipping lots of details finally I had an epiphany about manifestation in general. That I'm a goddess on earth I don't need to try. I can be in the energy and awareness of everything working out amazingly for me NATURALLY without me having to force or try. That felt so good to me and so much better than trying to micro manage everything in my life. It was so hard for me to stay consistent when manifesting my sp bc I didn't enjoy the process at all. It was energetically taxing and just brought my overall vibe down which was making other things in my life harder as well. I decided that nothing was worth my state of being. I also decided and knew that I would in fact be with the love of my life whether it was this SP or another. I was confident in that decision it felt like a done deal and not something that I needed to create anymore. I told my SP for the last time that I was done with this in between situationship and I knew what I deserved. And for the first time I felt peace. I still loved him but I loved me more. I truly let go and felt no desire to manifest him or anything. I was in the sabbath though I wasn't aware at the time. I just felt good in surrendering while knowing that my life can only be good and wonderful in all ways.

Skipping more details within a few days my SP began asking me questions basically like a pre marital questionnaire lol. He was telling me how much he'd learned and grown since our breakup and wanted to talk to me in person. He came to my house and told me he wants us to start fresh with the goal of marriage. I was speechless and completely caught off guard. In the entire breakup he didn't even bring up us getting back together let alone marriage! It was a completely different version of him. The version of him that I had been intending for the whole time.

I hope this inspires you to choose yourself and your well being. And know that what is yours will come to you. For me letting go and choosing myself got me exactly what I wanted much quicker than any other technique. But I wasn't doing it as a technique, I



was doing it out of respect and honor for myself. The state of trying to get and trying to make happen is very different from the state of having, and of knowing your desire is done no matter what.

I intend that this helps whoever reads this. Sending you all love. ❤️



Success Story: Manifesting My Specific Person!

Manifesting My Specific Person!

Submitted by: Reenie

England

Self-love, self-concept and self-worth. The journey to finding myself again and manifesting the love of my life.

I always said that when my dream manifested of being in a relationship with my specific person, I would write my story here. I am so nervous but so happy that I am finally with my specific person and we are so in love with each other. And I am living with him!!

We met whilst I was away for a mini break. When I had to leave to go home and I was devastated. I had convinced myself that he would not make the effort with me and that I would never hear from him again. I searched through hundreds of success stories on here about how people have manifested their love back into their lives.

I decided to really do the work on myself, my self-concept, self-love, and worth, and all my limiting beliefs. And let me tell you, I am finally with the love of my life, living together in the most beautiful Cornish countryside.

And he pursued me!!! He pursued me hard. He pursues me every single day. He begged me to be with him and move in with him so we could make this work properly. He is so deeply committed to me and so invested in me and us, I am literally walking around on cloud 9! He shows me every day that I am the only one for him. He only has eyes for me.

We are so in love. He is everything and more! He acts with me exactly how I asked the Universe for him to be and he is like everything I wrote in my affirmation list.

He is protective of me. He only chooses me. He only commits to me. He only wants me. He is clingy with me. He adores me.

He cherishes me. He pursues me every single day. He has told me he is crazy in love



with me. He has asked me to move 300 miles to live with him and I said yes!!! We go on road trips together. We go abroad together. We cook together.

And that's just part of my affirmation list. Everything I wrote on my affirmation list on **The Secret Super App** came true!

I feel so happy and so secure in our relationship. He makes me feel so secure and assured in our relationship. He makes me feel every single day, that's it only me and will always only be me. He treats me like a Queen and a Goddess! I actually love doing his laundry and our housework. I love getting dressed up and ready for the day, knowing he will see me and kiss me and tell me how beautiful I am and how lucky he is.

I don't even care when it's raining outside and miserable. I am just so happy I enjoy every part of my day, no matter what is happening. I cry at how grateful I am, that I am finally with the man I fell in love with. When I see and hear his car driving down the long gravel driveway, I get butterflies. I feel excited every single day and I wish for everyone to wake up and fall asleep feeling exactly like this.

I even made a commitment and promise to myself, that once my SP and I were finally together, I would keep up with my self-love work. Go running every morning in the Cornish countryside. Do yoga for 20 minutes every morning. Meditate every morning. Continue with my affirmations. Watch **The Secret** every evening and or listen to it in my car. These are just a few of the daily practices that I still do even though we are now together in a committed, loving, and loyal relationship with each other.

My message to anyone: At one point I felt that this was impossible. I spent most of my days looking at YouTube videos on how to manifest my love back and how to love myself. Trust the process. Work on yourself. Write yourself long lists of what's amazing about you, tell yourself in the mirror how great you are and all your desires will come. All I know is that every morning I wake up cuddled in his warm chest, and he kisses me on my forehead and tells me he loves me. Every night I fall asleep with him holding me and I tell him I love him. Dreams really do come true! Thank you, thank you, thank you!



How I quickly manifested my SP back. You too can do it just as fast.



So, my SP story started when I met a guy who ticked all the boxes on my list of a dream partner. When we first met the relationship was so easy, everything flowed naturally and easily fell into place. He was everything I had always wanted, and he really liked me. I had always been a very confident person when it came to relationships and had this belief, I can have any guy I want. However, because I felt this particular guy was so perfect, I literally put him on a pedestal, seeing him as some sort of god. For the first time in my life, I started to feel anxiety like no other, my mind was running wild. If he wouldn't reply to my messages instantly or call me back or would cancel dates. I would automatically think the worse. He's not interested, is there someone else. I kept repeating this story for months and then eventually that is what happened. We had a massive fight and stop speaking. I was devastated and desperate to get him back, but everything I did just pushed him further away. That was when I decided I need to take



control and enough was enough. I had created this situation with my continuous negative thoughts and only I could fix it.

For reference by this point, we had not spoken or been in contact for 6 months and he had literally told me to never contact him again. So, this is what I did:

I decided to take every negative thought about him, our relationship, and the argument we had, and bin it. From this point onwards I would never repeat the old story again, like it had never happened. Revise it if you have too. That's what I did, I revised the evening we had the argument, into a lovely romantic date and things were left in a good way, with my SP telling me he loved me and will see me soon.

I also took my SP off the pedestal, he's just a normal person, this is my life, I am the GOD of my reality. So, in my head I decided on a new story in which I was the most important person, and my SP was head over heels in love with me.

I wrote down a list of affirmations about me, how I was confident, attractive, I can get any man I want, and I deserve this amazing relationship. About him, how I wanted to recreate him in my reality, loving, caring, attentive and only attracted to me. Then about the relationship, we are so in love and in a happy committed relationship. I kept the affirmations short and easy to remember, so I could repeat them whenever I needed too.

A strict mental diet is what worked for me, I hardly ever visualised, but when I repeated my affirmations, images of us walking down the street hand in hand would pop into my mind naturally, but if they didn't that was ok, I didn't force anything. Every time a negative thought came to my mind, I said NO and repeated my affirmations, until I felt a shift into a positive place. I did this continuously until the negative thoughts were completely gone. It didn't take long. Another thing, I added to my routine was, I would repeat my affirmations to myself every night until I fell asleep.

During this time, I must stress you have to ignore your current reality and what's happening in the 3D world. Completely live like you're in this amazing relationship with your SP. The affirmations will make it easier to stay in that place. Don't react to anything



that is opposing your desire, and don't wait around for calls or messages. I would just look at my phone and say why is he always calling and messaging me. Enjoy life and do things that you'd do if you already had this person in your life. Would you be googling how to get my ex back etc if you had them NO, so stop doing that. You know how to manifest, so go ahead and practice it. You can't learn forever and there are no short cuts to this, you have to put in the work and test the law for yourself. Even Neville Goddard stressed the importance of testing the law and see it work for yourself.

The final and most important thing is PERSIST in the new story, do not give up. Don't look for signs or feel like you have to contact them. Keep affirming until this new story feels more real than the old. Before you know it, the 3D world will catch up with your imagination. When you least expect it, your SP will be back with you. They have no choice but to conform to your assumptions of them, because everyone is you pushed out. If you believe they love you, miss you and only want you, they have to appear that way in your reality. Remember *there is no one to change but self – Neville Goddard*. You can't change your SP in the 3D world without changing them in your thoughts and imagination first, change the old story you're telling yourself about them. All you must do is dedicate the time and effort to control your mind.

This may sound harsh, but you have to be brutally honest with yourself. Some people say they are on a strict mental diet but are only positive when they're affirming and then allow their mind to run wild rest of the time. When you're on a strict mental diet, you should take control of every thought 24/7. It will get easier the more you do it.

As for my SP he contacted me 3 weeks into my mental diet, apologising and telling me how he'd missed me and wanted to see me. We're now in a loving committed relationship, he is the best partner ever because I have created him that way. Everything I had been affirming to myself came true. Even now when he does things that annoy me, I don't argue with him, I just change it in my mind. Once you adjust your mindset, your whole world will change.

The way I look at it is, it's your life you write the script. Your SP is only an extra in your film, you're the lead, so you call the shots. You can have this too, just believe in yourself and your relationship and take control of your mind. Best of luck everyone.



Success Story: Manifested sp and confidence!! success story with lots of details :))

r/NevilleGoddard

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2 yr. ago

sockwizarddd

manifested sp and confidence!! success story with lots of details :))

Success Story

hello everyone! before i start, let me say that **i do not use purely Neville's teachings**, but they are a strong basis for my own ideas and understandings that I applied.

some backstory is that my SP who I now manifested back broke up with me about 2 months ago. at that time, I was heartbroken and found myself sobbing. our actual relationship was good for a long time, but I created a negative situation by dropping into a low self concept and allowing my insecurities to rule myself and our relationship. I also had exams (which I did well on despite my emotional state!) during the time, so for about 2 weeks I was not applying any of this strictly. after two weeks, I came across Dylan James on YouTube which then led me down the Neville Goddard and law of assumption pipeline. I had heard of it before, but I was always hesitant in trying it since I was first introduced to law of attraction. however, feeling like I had nothing left to lose, I began to give it a try.

I started out by initially working on myself TO get my specific person back. I listened to affirmation recordings at night, and I stabilized myself with meditations, breathing, and affirmations during the day time when I would get triggered. I knew I did not want to burn myself out, so I did not do constant affirming; only when my mind would go in a direction that was not conducive to my creation. for the first 2 weeks of this, I could feel my subconscious mind purging my fears and playing back old, core beliefs. to me, it felt like waves. in the beginning, my state of being fluctuated heavily and there were moments where I even doubted in manifestation. however, a deeper part of myself told me to **persist** and during this time I unintentionally went on a mental diet (not necessary). I deleted social media and only listened to songs that helped me feel inspired. **I asked myself on a moment to moment basis how I felt, and if I didn't feel**



good, I did anything in my power to satisfy myself. sometimes this meant simply cleaning my living space, but by following my happiness regularly, I was able to listen strongly to my desires and slowly, **I began to feel more happy.**

by June, I would say I was about 50% stable. however, each morning, I would wake up and allow my mind to go to the problem. I found myself remembering issues with my SP and dipping into my fears. and unintentionally, I was preventing myself from living in the end state. to handle this, I began to meditate and in the meditative state, I imagined myself wiping away these past memories (similar to revision, but I don't prefer revision so instead I imagined myself cleaning a wipe board and creating a beautiful, blank slate for myself). after doing this for a few days, **I realized that my SP was a simple byproduct of my self concept** (which everyone says, but I had never truly internalized it until this point). this is when the true shift occurred, and I realized that I was the operant power of my reality. rather than focusing on my SP, I focused on the identity I would assume if I was in my perfect relationship with my SP. fairly quickly, **my self worth and self trust sky rocketed. naturally, I was able to persist with whatever the 3D showed me because I knew what I was creating, and I knew that I had transcended. I had embodied the end state.**

after two weeks of doing this (mid June), I began to get **intuitive hits** that would have not made sense if I had given the 3D full power. for example, I felt a very strong urge to go to a jewelry store and buy us matching bracelets despite being in no contact. when the woman asked who it was for, very naturally, I said it was for me and my partner.

at this time, I began to get **other confirmation of my 3D conforming.** for example, I went to go purchase a new MacBook and I had a very specific desire (MacBook Air, m2 chip, 16 gb RAM, 512 GB SSD, color midnight). when I went to the store, they told me they had no more of those models but they had a 256 GB SSD. rather than settling, I asked kindly if they would check in the back for me. low and behold, someone had returned the EXACT model I wanted that morning because they wanted a pro instead. it was even marked down because the computer had been returned, and I'm actually typing this post on that computer right now lmao. **I began to feel very confident in my manifestation ability, and with ease, I found myself materializing more little desires** (ex: wanting to see a red convertible and I saw 12 in one day). then on June 18, my SP texted me after over a month of no contact. we talked and agreed to leave things ambiguous but leaning towards friends. that weekend, we agreed to hangout. in my mind, I simply laughed off the friend comment and almost completely ignored that. I think an actual thought I had was "let's see how long that lasts."

fast forward to us hanging out, and we hang out for 5 full hours. we hug, cuddle, hold hands, and do everything except kiss. we also discussed why our previous relationship



did not work, and we were both vulnerable and took accountability. the next night, we call and discuss what just happened, and we agree there are obviously romantic feelings still there. over the next week, our conversations get longer, deeper, and more vulnerable. I was also shocked at this point because he was parroting EXACT phrases I had affirmed for (ex: he called me his favorite prize, said whenever and wherever we were meant to be together). at this point, we have about 8 future dates scheduled lol. he visits me at work, blows up my phone, brings me presents, and has **truly done a complete 180** from when our relationship ended (saying he was uninterested and etc). in our new dynamic, I find myself being less clingy, more trusting, and truly believing in my creation.

as of today, we are officially dating once again :))

keep in mind, during this entire process (even when I felt confident), there were multiple moments when I found myself emotionally triggered. however, I took a break each time and reeled myself in, then affirmed for my current self concept and reminded myself how this situation was going. I had a few days where I sobbed and definitely experienced resistance, but I accepted those feelings. remember, you are human and emotions are allowed to come up and be purged. simply remind yourself of your core BELIEFS and IDENTITY. this time during any triggering situations with SP, I reacted differently than I would have in the past because I FELT differently than I did in the past. and SP reflected this change back to me instantaneously. I found out he has also been going to therapy for the 2 months we were not dating, and his own self image and confidence has improved (just like me :)))

for me, **the missing piece to truly materializing my desire was putting full faith and trust in myself and my ability.** it was more of an exercise in self trust than anything else, which naturally put me in the end state and led to detachment from outcomes. right now, I am feeling very happy and fulfilled, but not surprised. **remember that YOU know what YOU are doing and creating!! you have got this :) <3**

total time: 2 months

total time after living in the end: 22 days

EDIT: for everyone asking for the sleep tracks I listen to, I used the ones on Dylan James's channel. I will link a track here for easy guidance, but please find one that addresses YOUR PERSONAL DOUBTS AND FEARS:
<https://youtu.be/PyynOVLXPDl?list=PLTryU7-yBI5hXWcMIDH2efrezPnMGvww->



UPDATE: hi everyone, **we are still together!** i know 7 months is an odd update time frame, but it's because he is coming to fly out and see me soon, which is an exciting milestone :)). we have been doing long distance, and while there were a few "tests" (more like the vulnerability and perseverance that a relationship will always require), we are better than ever. he is really really good for me in the sense that he challenges me while also helping me feel safe and seen. i still have work to do regarding trust and full belief in myself, but we have been able to get over any 3D hurdles that may have seemed frustrating. the time where i tried to manifest him is still in my mind, but the small breakup doesn't really seem significant anymore. i feel much more stable and grounded in this love, like it has matured and is not fleeting.



Success Story: My SP success story. Commitment and he told me he loved me all in the same week

My SP success story. Commitment and he told me he loved me all in the same week

Success Story

When it happened I couldn't believe but what I will tell you is that I never gave up.

How I did it: I worked on my self concept and the beliefs I had about myself, relationships and my SP in general. I did this by a mixture of these few things, SATS, inner conversations and overnight affirmation tapes.

Not that time matters but it took 9 months for everything to become full blown manifestation. So when you hear people say persist, seriously just do it. If I was to manifest a new SP I will say it would probably happen quicker because I now have a really good understanding of how it works plus a fire self concept.

I'm not gonna tell you what I visualized or had inner convos about because it's different for everyone and what I visualized might not give you the feeling of it being real like it did for me. But pick something that makes you feel good, something that makes you smile, something that you could assume would happen. If you need self concept work, affirmation tapes are great.

How it unfolded: throughout the time it took we continued to grow closer and closer. It was definitely a situationship type of deal for a while but the last 2 months I really just let go and started enjoying our time together and allowed the state to lead me and it seems as though so much unfolded within that time because I didn't really care anymore (also a key factor). He insisted we go stay at a casino resort overnight and we talked about buying this couple card game so we did. We played it that night and one of the cards he pulled said "what's a question you've been waiting for me to ask you" we both looked at each other smiling knowing what that question was and he told me he had been waiting for the right moment to ask so he did. Later that week after we were already in a committed relationship he literally affirmed my whole self concept back to me beautiful, successful, intelligent, fun.. etc and told me he loved me.

If I could give you any one piece of advice I would say to work on your inner confidence. Your confidence in yourself and confidence in your manifestations (faith). Don't obsess



over anything, just be yourself, work through triggers as they come up and dont take things too seriously. It will all come.



Success Story: SP success story!!

r/NevilleGoddard

•

5 mo. ago

Comfortable-Gap7345

SP success story!!

Success Story

First of all, I want to thank every contributor in this group—you all are one of the biggest reasons why I'm so happy in life!

This is a success story, and it's a bit of a long one. I'm not a native English speaker, so please forgive any grammar mistakes and bear with me.

I met my SP (Specific Person) exactly a year ago on a dating app. Back then, I had a really good self-concept and wasn't looking for anything specific, so I wasn't attached to any particular outcome.

My SP was super flirty, and we had an amazing time chatting. He really wanted to meet me for a first date, even though I kept saying I wasn't looking for anything serious. He convinced me, and we went on the date. It was absolutely incredible—he was everything I wanted! And honestly, that's when the trouble started 😭.

I began putting him on a pedestal and started believing he was the only “catch.” I felt like I had to convince him to be in a relationship with me. By the second date, I was projecting all my insecurities, seeking validation, and unintentionally pressuring him to love me.

Of course, this backfired. Our connection stalled, and he stopped texting me as much. Whenever he did text, I'd spiral into negative assumptions and desperately try to get him to meet me again or text more frequently. Some days, when I wasn't thinking about him (no resistance), he'd randomly message me, but I'd block myself emotionally. It became a vicious cycle until I found Neville's teachings and this group!

I turned things around with two main changes: 1. Working on my self-concept: Trust me, this works like magic. Once I started focusing on my self-concept, everything changed—not just with him, but with everyone. People from my past and present



started reaching out to me (though that didn't matter as much). 2. Changing my assumptions about him: I started monitoring my thoughts closely, catching negative assumptions early, and flipping them into positive ones.

As a result, we began texting more often about random things, and within a week, my SP asked me out on a date! But here's the thing: I wavered again, and he canceled last minute, saying he had urgent work. At that point, my self-concept still wasn't strong.

I was disappointed but didn't give up. I kept working on myself. And guess what? Yesterday, he randomly called me for a date! We met today, and it couldn't have gone better—it was exactly how I had imagined it. I love him so much! Thank you, universe, and thank you all in this group for the support and inspiration.

Here's what I've learned: You can find different manifestation methods from various posts in this group, but ultimately, the key is to feel good while practicing them. Affirmations don't work if you're not energetically aligned. Always pay attention to how you're feeling—when you're truly living in the end, you feel good!

If you can't feel good all the time, that's okay. Just make sure you're not stuck in bad feelings, because that creates resistance. And most importantly, don't be hard on yourself! We're all human, and it's normal to go off track sometimes. On those days, just let it go and focus on other things. But never give up!

Remember, this is your reality. They exist for you in your reality and will show up exactly how you assume them to be. You've got this ♥♥♥

P.S. A lot of my points are inspired by the amazing posts in this group, and I couldn't be more grateful. I'm just sharing my story to cheer you on and motivate you. Love you all!



Success Story:SP Success Story (I Turned Him Down)

r/NevilleGoddard

•

4 yr. ago

violetshock

SP Success Story (I Turned Him Down)

Success Story

Hello, fellow Nevillisers! I'm here with an SP success story today! Those are always fun to read, because we all like to see happy endings, right? This is a long story, though, because there's a lot to explain. But first, some backstory -

This particular SP and I had been together for 2 and a half years. We both come from fairly conservative families, and have been trying our best to break through the respective moulds that come with being from such families. We were pretty sure we were going to get married. We'd both met each other's parents. It was going well. Here's where it started to get complicated -

Where I come from, the most logical thing after each person meets their partner's parents, is that the families meet each other and a date for the engagement is decided. My parents wanted SP to commit to me (as in, for us to get engaged). I was ready for it, but he wasn't. He wanted to pursue a post - graduation in the US and THEN think about an engagement. And, Meanwhile, he just wanted for us to meet and hang out further, like people in a normal relationship do. This led my parents to believe that he was just playing around with me and wasn't really serious about a future together. Because of this, there was so much friction between my parents and SP and I, that I eventually ended up in hospital because of a mental breakdown. I continued to meet SP without telling my parents, but he didn't like that we still didn't have a normal, open relationship.

We had a lot of arguments about it, and he eventually broke things off with me, stating that he wanted nothing to do with me. Not now, not ever. Of course, I was heartbroken. I already knew about Neville then but I wasn't really practicing his teachings in the way I should have been. So I started doing SATS every night where SP is with me and we're simply smiling at each other and hugging. In the SATS, I get the feeling that he is very much in love with me, and we are happy together. Meanwhile, SP and I stayed in touch



over text. We'd talk, but there was also a lot of resentment. I eventually moved on and started dating other people. I was done with my share of begging and pleading anyway. And I decided that if he comes back, he comes back. I just basically got over my obsession with him lol.

Once the pandemic began, I finally had time to properly study Neville again, and that's what I did. I read Neville. Came to this sub and read posts by All Is Mind, Edward Art Supply Hands, Orion and Chocolate Trains. Shout-out to you guys, y'all are doing some life changing work here. I came across Agnes Vivarelli's meditations on YouTube through this sub. She recommended the book "Love Yourself Like Your Life Depends On It" by Kamal Ravikant. And in it, he states that he simply repeated, "I love myself." throughout the day. And with everything I've read on here, the understanding of self concept finally clicked with me. I realised that it was the basis of everything that had ever happened to me, and that anytime something undesirable happened, it was because I hadn't been feeling good about myself inside. I, too, started affirming that I love myself no matter what, and kept that mental diet going and going throughout the day. I also meditated for 10 minutes in the morning, right after waking up and then 10 minutes at night before bed, while I affirmed. I could sense a shift in the way I felt, in the way people started treating me. Things and opportunities effortlessly started flowing to me. Life started getting pretty awesome.

A few months later, SP messaged me. He was always the one who initiated conversation even after the breakup, so this wasn't a surprise. The conversation would always start off well, but it would end with him being mean, insulting and resentful. But this time, it was completely different. He was very respectful and kind. It was just like the old days. We spoke and he updated me about his life, and I did the same. And then, he asked me out on a date. An actual date. I was absolutely shocked. SP is someone I never expected this from, especially since the last time we spoke was extremely horrible.

I asked why he wanted us to go out on a date again, and he said that he wanted to see if we still had the connection we shared. He'd been casually dating for a couple of months now, but apparently hadn't found anyone like me. By this time, it had been a little over a year since the breakup. It is still not safe in my country owing to the virus, so I gave him the same reason and turned him down. Besides, I didn't wanna be just another girl that he was going out on a date with. I'm better than that. I deserve better.

He contacted me again a week later, and this time, he was even more open about what he wanted. He wanted us to discuss having a thing again, because he believed that he shouldn't have closed the doors on us because of what he felt. That he was stupid to have done that, and is now open to letting go and seeing where the wind would take us,



because who knows, something good might come out of it. I had to do a double take on every message he sent, because, oh goodness, it was like speaking to an entirely different person. The SP I knew would never have said all this.

I politely declined and told him that it's a little too late for that. Because, although I do care for him, I realised that I deserve better. So does he.

I've told this story in a bit of a fast forward mode, but trust me, it was quite the journey getting here. Things were stuck for a really long while, and I had given up on the thought that he'd ever come back, but everything moved so quickly once I started focusing on self concept. If you're going to apply the Law for your desires, create an amazing self concept first. That, before anything else, because aligning yourself with your desires becomes effortless after that. Even random things you think about end up happening in the best way for you. And don't do it for an SP, do it because you deserve to feel loved. You deserve to feel like a God. Take it from someone who was a huge skeptical overthinker. If my SP came back, anything is possible. If I can do it, so can you. Much love! 🌻



Success Story:Success Story - Manifested SP back!!!

Go to NevilleGoddard

r/NevilleGoddard

•

1 yr. ago

Spare-Camp2156

Success Story - Manifested SP back!!!

Success Story

Hi everyone! I want to share my manifestation journey of how I got back with my SP - now boyfriend! and hope that my story inspires many of you just like many stories in this community inspired me.

I have been into manifestation for many years, first with the law of attraction (the main we all now). I read many books, listened to podcasts, did affirmations, etc and I did manifest many things in my life way before I new about the LOA and Neville. In my opinion, Neville's teachings made sense. I bought his books, listened to so many stories from coaches, youtube videos and listened to his lectures etc. Everything that he teaches makes so much sense to me. I also started to get into quantum jumping/metaphysics, listened to Dr Joe Dispenza, Florence Scovel Shin (another manifestor in the 1800's). Anyways!! The point is that they all teach the same thing in common - your mind creates your reality - everything is you pushed out. It took me so long to understand this until I had my experience with my sp. Don't want to bore you with how we started but basically we broke up. It was painful, I was confused because it happened out of the blue (during an argument) but it wasn't anything that could of triggered a breakup. I was devastated, I cried, I meditated, affirmed, scripted, did the 55x5 method, literally everything. I even came back here to read more stories in hope of feeling understood and thought maybe there is something else I need to do. Basically it was coming from fear and desperation. The 2 things that are a NOO to manifest what we desire. I gave myself some grace because we are all humans and we have emotions and it's ok to cry. In fact, cry it all out, get angry, whatever you need to do to release and then you start from scratch with a new energy. That's what I did. I said to myself that enough was enough and that I am the creator of my reality, that I choose who stays and who goes. I am the director if my movie and in my movie there is the happy ever after period. So after 2 weeks of no contact and doing all the shit show in my head (back and fourth) I decided to let it go.



I have my intentions, so I scripted per usual and only when I felt it. I did not want to force it. I scripted in the present tense as if I already had my desire, which was I'm back with my SP. I'm so grateful that I am in a happy, loving, committed relationship with my SP. We are so happy together. He loves me so much. I am his dream girl, I am the prize, I am everyone's dream girl, He always comes back to me no matter what because there is no one better than me, I am the best thing that has ever happened in his life. Etc etc

Many of these affirmations were also part of self concept. I worked on that as well. Then I just let go and said to the universe that it is already done. I tried to be happy, go out with friend, dress up cute to work, all the things. I did have some bad days but I learned to quickly switch my negative thought and say to myself - the 3D does not matter, this is from the old version that no longer exists. We are already happy together. BTW I never contacted him, no matter how sad I felt on other days. I tried to put myself on the pedestal as soon as these negative thoughts came back.

A week later, he reached out wanted to grab dinner and talk. I knew what it was, I manifested this. He apologized, told me he was in love with me and repeated certain things I scripted as well. Now we are back together and we are the happiest ever! :)

Sorry this is long - I know many of you know about how LOA works and some are still new. I just want to inspire and tell you to never give up and persist just like Neville says. It is the LAW!

Sending so much love!!! Happy Manifesting!



Success Story:sp success... again!

r/NevilleGoddard

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1 yr. ago

sockwizarddd

sp success... again!

Success Story

hello everyone, during this post, I will be rather blunt in sharing my personal experiences through this. I want to call you out as I called myself out during this process. I am attempting to include as many relevant details as possible to emphasize the difference in building something truly sustainable vs something fleeting. the nuance matters.

I was not in a breakup situation with SP or did we even take a "official" break, but instead, I previously allowed a version of him to exist where our dynamic was hot/cold, avoidant/anxious, and just all around a frustrating push pull. and if you are in any negative circumstances of your own or were, can't I ask you this: aren't you TIRED of it? why do you let yourself fall back into it?

I want to begin with my feelings near the beginning of the process. you can summarize it as anger, sadness, frustration, etc, but when I gained a larger awareness of it, it was a process of settling! settling back into the old story, that *comfortable* sadness and that *comfortable* lie that this is how the world worked. I would never be chosen, this was going to be hard, I was the one putting in the effort, etc, etc etc. if you really build a larger awareness of your moments of betrayal, eg. when you "give in" to that old lie, you will find a feeling of soothing comes over you. like an addict going back to the familiar. and I need you to build your own awareness of that. no one can search it and find it for you. really really look and you will know exactly what im talking about. and once you are aware of this, I need you to put all of your effort into NOT choosing the old lie in every one of those moments. when you are angry and frustrated with the 3D, do not choose the surface level pushing away and "ignoring" method. SEE it for all that it is. see your fear, your anger, your pain, and look at it. hold it. immerse your awareness into this all, and then assign new meaning to it, rather than giving it the meaning that you're "failing". for me, this would be my inner dialogue during a large emotional experience:



"I feel frustrated right now. I feel impatient. I feel that my chest is tight and that I want to shout, scream, and cry" then I do those things, and then (THIS IS THE IMPORTANT PART): "no matter what I feel, I know this is only a remnant of my old self. I refuse to let this circumstance, this feeling, this thing dictate who I am. I refuse to betray my true self. I refuse to give in. I know that even in this moment right now that what I have decided is inevitable. I am THAT, I am. I am chosen. I am the one. I am the wife. I am beyond the wife, for I am (my name) which is a higher title." because as Neville said, you CANNOT serve two masters. aren't you tired of giving in?? push yourself and refuse to accept the circumstances. do not conform to them! put in the little bit of extra energy to choose yourself, and do it every time till it's easy.

as I continued to do this, I began to build more awareness around my initial circumstances. I was mad that he had these avoidant tendencies and would pull away from me. but do you know what I realized? SP is the most perfect reflection of you. when I looked with a truly unbiased eye, I realized that I had pulled away first. for those that know my previous success, yes I realized I even pulled away first during our official break up in the past. and even now, I pulled my energy from him before he did to me. all he did was show me a perfect reaction to my own decision, my own beliefs that "intimacy was scary" and that "love was hard" and "I can't trust anyone else." don't you understand that you are the source of your own suffering and your own fulfillment? there is no one outside of you. no one outside of your imagination. the night I came to this realization, I dropped into a state of pure awareness (meditation or void state as some like to say). I cannot possibly summarize every technique I used during this full process, but please just read neville yourself and allow yourself to be guided to the passages that resonate. I focused largely on becoming aware of my consciousness and true power this time through. I spoke to myself and SP in a state of pure awareness, aka a state without resistance. I said these words: "I accept you. I didn't before, and I am so sorry. I know you ran because I rejected you first. I know you mirror me because I am the source. but as I said before, I will never run from you again. I accept all of you and all of me. I trust you fully. and I accept this all now. I accept your marriage proposal." and it is important to know that these words mean an incredible amount to me. I spoke directly from my heart. this was not scripted, this was not preplanned, rather I allowed my emotions to guide me exactly as I would in an intimate moment with SP. I allowed my heart to open into the full depths of this love.

and by the next morning, my 3D began to instantly conform. I did not go into much visualization depth as I struggle to "see" in my mind's eye sometimes and get resistant, but I did imagine my wedding band from him. I only wear gold, and I love dainty jewelry so I simply imagined a thin, elegant ring that was obviously gold. one detail is that the band had smaller diamonds all around the side. I opened my emails, and I got an ad for



an engagement ring. I screenshotted it and laughed but literally did not notice until a full day later that it looked so close to my imagined ring. throughout this day, I kept getting ads for rings on PUBLIC computers that did not have my personal info saved, on sites I had to click on for academic sources, etc. just absolutely randomly and non targeted things. in addition, my tulips began to bloom straight up. I know this sounds silly and pointless, but it was something I had wanted for the last 3 days that I was struggling with, so I took this as a sign of the 3D listening. and the next things that happened are ones that I could never have imagined EVER (as always).

in this entire process, I had not spoken to my SP regularly in about a month because he used to be confused about what he wanted in the future. our one phone call was spontaneous, about 2 weeks ago, and it was this absolute heart felt desire within me. and it went wonderfully! he called me pretty, was flirty, and told me that he was "confused" and "truly thinking about what I said (in reference to calling out his old commitment patterns)" rather than being "sure" he did not want this intense relationship like the past. this man, who used to be incredibly anxious and indecisive, decided. and he decided fully on me. because I decided fully on me.

this morning, I was in an odd mood. I felt trapped. I felt like I needed to "break out." my classes had gotten placed online, I felt frustrated and impatient, but I chose to let myself feel it and then I chose to settle into the present moment. I surrendered to the fact that my future success was inevitable, but this was now. and that I HAD to get on with my life and focus on my class, my friends, my own career ambitions. the entire day passed, and I drifted to sleep. one hour ago, SP called me on the phone. and do you know what he said to me? almost exactly what I said in the imaginal state, just more in his voice: "(name), I am ashamed of how I treated you. you see who I am, and that is worth everything. you need to know that I thought long and hard about what I'm about to say. I love you, and only you. *I accept all of you. I will never run from you again.* if you still want to, I'd love to stay yours forever." I will keep some details vague for privacy, but he is flying out to see me this next week now.

I'm much too young to want marriage in this exact 3D moment in time, though I am sure that is where this relationship goes as I have decided such. but what is funny is that he literally bought me a commitment ring that looks eerily similar to these dainty, beautiful engagement rings that I had BEEN seeing. and it was "out of character" for this man to do so.

this journey is far from over and I will continue to post my updates and developments in thoughts as I become more aware, but my advice is to truly immerse yourself in the law. and do it in a way that embraces and uses your humanity, duality, polarity, intensity as proper fuel towards your end. because *it is INEVITABLE.* like be so serious: are you



comfortable with being a failure? are you comfortable with giving up? because be so for real, if you "gave up" today you would eventually get up and try it again in a bit. why do that when you could just continuously persist? WHY betray YOURSELF? I have never been any of these things. I see myself as an inevitable success. do not identify with those excuses, do not identify with those things, PLEASE. do not settle for a surface level understanding of the law. delve FURTHER. delve DEEPER. do not settle once you get those desires. immerse yourself fully.

and ALSO TAKE THIS:

1. DO NOT NEGATE YOURSELF AND YOUR DESIRES BECAUSE THEY ARE DIFFERENT FROM MINE
2. DO NOT MAKE EXCUSES AND ALLOW YOUR "MONKEY MIND" TO POKE HOLES IN YOUR SUCCESS BECAUSE WE HAVE DIFFERENCES
3. DO NOT BUY INTO THAT OLD LIE. you may think you're doing this for SP, for money, for etc. but you are doing this to prove to YOURSELF that you are different. prove it to you and your job is done. stop buying into someone else's script and write your own. you do it better anyways.
4. last last note: stop listening to other voices. even my own post here should cause you to ask and answer your own questions. do not out source your truth.



Success Story: Unexpected SP success even after harboring a million doubts, nothing can stop it once you have felt the joy! <3

r/NevilleGoddard

•

1 yr. ago

lil_delulu

Unexpected SP success even after harboring a million doubts, nothing can stop it once you have felt the joy! <3

Success Story

Hey there fellow gods and goddesses!

Allow me to begin by expressing how grateful and excited I am to be sharing this with you guys, inspite of doubting it till the very end, and after having read countless success stories, I'm glad I have one of my own.

So I've had successes with the law before, but they've been random and I had ultimately put it down to coincidence. But this is the first time something has come true despite my believing it would never and thereby reinforcing my faith.

Background: My SP and I are in a situationship, I really like him and he doesn't reciprocate the intensity of my feelings, he wants casual yada yada and I want a more serious committed relationship. I say this to give you context of how he had explicitly mentioned at the very beginning of our relationship that this would not lead anywhere as he was not looking for anything serious at the moment and hence did not wish to lead me on if I were expecting something more. I had agreed hoping he would eventually start seeing me the way I did but that didnt happen, he was also very non-chalant and did not use endearments to address me, we just call each other by our names, hangout like friends and have no strings attached. He was casual to the extent that sometimes when we'd see each other after a month or two of not being able to meet because of our busy schedules, and I would say I missed him and he would just go stiff, radio silence, let alone saying it back. He did not express his interest in me once and would go dead body stiff, cold and distant at the slightest hint of me behaving like I'm his girlfriend or any similar expectations like calling him for no reason or just even calling him a sweet nickname. He also has an ex that is much hotter than me and shes literally known in our city for her divine beauty so please dont put it down to me being a girl who eventually gets the guy anyway.



In short it all made me very sad and I started contemplating calling it off because I wasn't feeling it and as much as I liked him I did feel like I deserved more than less than the bare minimum. So I decided that what I wanted was for him to be more open with me and that I was going to start expressing my feelings for him subtly and if he doesn't reciprocate in a couple weeks time I would call it off. I started imagining a scene and in this scene I was visiting him after a long hiatus (keep in mind this wouldn't be the first time) and hug him very hard and say I missed him because I did and I won't be apologetic about expressing my feelings irrespective of whether or not he reciprocates. In my scene he hugs me back but doesn't say he missed me back immediately, he then carries me to his room where we cuddle (another thing we haven't done before, only sex no cuddling). While we cuddle, he pulls me closer and says he really really missed me, and he keeps repeating the same throughout the evening (something else that is unusually uncharacteristic of the man I knew). I imagined this scene multiple times over days and weeks and each time it gave me a feeling so full of joy, gratitude and satisfaction that I genuinely couldn't care less whether it happened or not. SO much to the point that I was so happy with my imaginary scene that I was convinced that breaking it off with him and enjoying my imagination was better than staying in the bare minimum situation he wanted me to participate in.

Which again made me sad because I didn't want to break it off with him, and I was dejected to feel like as much as I liked him, he didn't feel the same way about me and therefore had left me no other choice but to leave and focus on myself.

In a nutshell, while I would thoroughly enjoy my imaginary scene, I would feel just as sad right after and for the rest of the time when I wasn't imagining because his 3D version was so different from the loving 4D version that I desired and made me feel even worse knowing that he was nothing like the guy I truly wanted and that he didn't give me those happy feelings that I got in my visualizations, in reality.

Here comes the juicy part, I had imagined the break because I knew my schedule would be a bit occupied so I'd only be able to see him after a couple weeks which turned out to be a month and a half. He asked if I would go over to his place and I agreed while feeling dejected because I knew he probably only wanted to sleep with me, I spent the couple days before we met incredibly sad knowing that I would go over and he would be the same cold distant way and then I'd have to break it off. I even spent the very day moping around, barely putting any thought into my outfit, just throwing something on and trudging to his place feeling like an idiot and the circus clown of the century. So I get to his place and decide I have nothing to lose and I'm going to stick to my script of expressing my feelings and not care about him not saying it back because I was going to call it off sooner or later anyway.



I get there, he opens the door and I launch myself at him, hug him and say I missed him. He hesitantly hugs me back and asks me to take a seat on the couch while he attends a short work meeting that came up suddenly, I take a seat and he literally brings his laptop and takes a seat about 3 places away from me. So no movement and i'm now feeling like a bigger idiot than when I was walking here. I give up and decide that enough is enough and I'm not going to take any more of this and that this is the last time I see him because the first thing I was going to get back home and do was text him that im done and its over.

He gets done with his meeting and pulls me onto his lap, carries me to his room and proceeds to cuddle me and say the exact same words that I would visualise him saying. I KID YOU NOT, everything came true, from the fabric of his shirt to the way he pulled me closer, in the exact spot I imagined us in, to the very words he uttered. And YES, HE REAFFIRMED AND REPEATED THAT HE MISSED ME TERRIBLY THROUGHOUT THE EVENING.

I realise this isn't a huge success compared to some others on here but I must mention again that this was a highly unlikely possibility with the man who would go stiff at the mere mention of a relationship (even as a joke), and I do hope that this helps you realise that it does not matter, if your scene brings you joy, its done and nothing can stop it. That is the law. Doesn't even have to be a scene necessarily, if it gives you the feeling, consider it done. Like I said earlier, if I spent 10 minutes a day visualising and feeling happy, I spent every other minute believing it wouldnt happen and that it was so sad that he wasnt like what I imagined and yet it came true.

Before you pin it down to coincidence, the similarity was uncanny. The fabric of his shirt I tell you, pulling me onto his lap???? never happened before, carrying me to his bed to cuddle with me? unheard of. He did exactly what I imagined, said the precise words in the same order, in the exact spot I imagined. There are no coincidences.

Thank you for reading and Happy Manifesting! This stuff is re



Success Story: For the SP people, it really works!

r/NevilleGoddard

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7 mo. ago

Extension-Focus2293

For the SP people, it really works!

Success Story

2nd edit: I love answering questions and helping you all, but before you ask a question, please read through the comments as a LOT of questions were already answered with tons of details. As of right now, there are over 280 comments here. I'm pretty sure your question has been answered already, likely more than once. :)

Edit to answer the most common questions:

What did you do?

I stopped trying techniques. I stopped trying to do SATs. I stopped trying to visualize. I stopped trying to feel the wish fulfilled. I stopped trying to feel something I wasn't feeling naturally. I just surrendered to whatever shitty or sparkly feeling I naturally had at the moment and had MENTAL CONVERSATIONS and full on out loud conversations with myself. That's it.

No, I DID NOT feel the wish fulfilled.

No, I DID NOT visualize actual images in my head.

No, I DID NOT believe in it until it actually happened in the physical world.

Yes, I just TALKED TO MYSELF.

Yes, I did feel anxious, tired, depressed, sad, lost, hopeless... I affirmed through all of those feelings.



No, I didn't try to meditate to stop feeling depressed or anxious. I didn't do anything about it at all. I let the feeling be with me because that is just ENERGY my body produces, and kept affirming and having mental conversations. So if I felt anxious, it would be something like this: "oh my God I feel so anxious... he loves me, we are so happy together, we have a beautiful relationship, he is loyal to me as I am loyal to him." That's it. With any feeling.

If you say you can't control how you feel, I tell you: that's normal and totally ok! If you say you can't control what you think, I tell you: BULLSHIT! Subconscious thoughts, yes, you may be unable to CONTROL, but your interaction with them is a different story. You can absolutely control the WORDS you pronounce. The WORDS you tell yourself. So just do that. JUST THAT. Through any sort of feeling.

What was I saying?

It depends... sometimes I was having imaginary conversations with him. I would say my part either out loud or in my mind, and *sometimes* I would imagine his response as well.

Sometimes, I pretended to be on a podcast hahaha and I spoke loudly (normally in the car, in the shower, cooking or doing my makeup) and I talked about how I manifested my relationship.

Sometimes, I just affirmed phrases robotically. What was I saying then? Everything I wanted to see happening as if it were happening presently (he loves me, he is with me, he is my love and I'm his love, he's proud to be my husband, he chooses me everyday, I am the one for him, he's loyal to me and I'm loyal to him, etc etc etc).

When I was REALLY ANXIOUS and had too many negative thoughts rushing through my mind, I wrote pages and pages and pages of robotic affirmations and just threw them away right after.

STOP questioning everything. Just LIVE. Just wake up and go shower and make your coffee/tea/shake/smoothie/chocolate milk and go to work/school/gym. Oh you're depressed and want to lay in bed all day crying? Ok, so be it. Lay in bed and cry and feel this shitty depressing feeling. Keep affirming. Oh you don't believe in the affirmations? Fuck it. Keep affirming.

Everything that you do, feel, think, say, is ENERGY. The source of all creation is the WORD. We feel what we tell ourselves (subconsciously). We think what we tell ourselves (mostly subconsciously). We act based on beliefs and feelings and for the longest time, we cannot control those. So STOP TRYING TO CONTROL those! Just keep talking to yourself through it ALL.



Alright here's my story:

It does work, yes. And circumstances really do not matter.

My SP is now my husband. In the 3D.

A little backstory:

- 1- he told me while we were just a fling that we would never be in a relationship
- 2- he told me that it would be REALLY hard for someone to get a wedding band on his finger
- 3- he told me he wanted to be single always because that was what matched his lifestyle, which was travel the world on his own
- 4- he was always partying, and once in a while a new random girl would pop up on his phone notifications
- 5- he wanted to live by himself
- 6- he said many times marriage didn't make sense in his head because he knew it never worked
- 7- he was never romantic
- 8- he was on a dating app
- 9- at one point we got into a HUGE fight and he cut me off. Then he slowly came back to my life as a friend, but wouldn't touch me

I want you to keep in mind that this man was always very respectful, kind and caring to me because that is his personality. We had a beautiful friendship and he has good morals. But in terms of commitment.... It seemed like a lost cause because he said it himself firmly multiple times not to expect that from him and even told me to date other people.

Over the course of 2 years, he repeated to me how he did not and would never want to commit, wear a wedding ring or live together. All of his plans for the future were in the first person (I will, I like, I dream to, I want...).

During 8-10 months (I lost count) I immersed myself in this reality that existed only in my head, that we were indeed married, living together, that he was romantic, that he told



me everyday that he loved me, that he gave me a wedding ring, that we were so happy in this committed relationship we had.

During the first 6-7 months, I was VERY inconsistent with my inner talk because I was trying a little of everything. I tried SATs, revision, meditation, lullabies, subliminal... you name the “technique” and I’ll tell you that I tried it.

Then one day, I was so desperate and in SO much pain, that I just said fuck it, and was absurdly diligent with my WORDS. I couldn’t accept that sad reality, no! I held tightly to what I wanted and would not say a single word against it. No matter what was the shitty feeling of the day. If I woke up depressed and hopeless? Affirming, all day, every minute of the day. I would not affirm not to feel depressed or hopeless, such as “I am not depressed”, no. I would say ONLY what I wanted to see, such as, while feeling depressed, saying “we are in a beautiful relationship, yes, we are. We are so happy together. God I know you hear me and I know it’s true, I have all that I want right here right now and I am so happy and so thankful. Thank you father, I have the relationship of my dreams with the love of my life and I make him happy and he makes me happy...”

SPOILER ALERT: that all happens now in the 3D world

Things I did: (when you read imagined, read PRETENDED)

1- I imagined... all day! Driving to work I repeated to myself affirmations about this. I would tell myself going back home that I was so happy because he would be there waiting for me.

2- I imagined... that I was wearing a wedding ring and he was too.

3- I imagined... him telling me that he loved me.

4- I imagined... that he was sleeping next to me every night before bed. I would say out loud “good night my love, I love you” and hear him saying it back.

5- I imagined... waking up next to him every morning. I would say out loud “good morning my love, I love you” and hear him saying it back.

6- I imagined... that we had plans to travel and that we would go get groceries together.

7- I imagined... that he would eat the dinner I cooked. In fact, I bought drinks/snacks/things in general at the grocery store thinking about him having them.

8- I imagined... that he was in the house while I was using the bathroom, and that’s why I closed the door and tried not to fart loudly 😂



9- I imagined him telling me that he deleted the dating app because he was in love with me

10- I had half of my closet empty because in my head, that was his side of the closet. And I had a few empty drawers in my dresser that were also for him. I also bought a shoe organizer that hangs over the closet door and imagined it was for his shoes (that's all physically real now).

And much more...

No, I didn't FEEL happy and content. I pretended to be. And anytime I had a negative feeling or thought, I would deny it all to myself saying "NO, it doesn't matter! He is my husband. We live together. He loves me. We are happy together. He is loyal to me and I'm loyal to him. I am his choice. He is my love and I'm his love." I would do this out loud if I was by myself somewhere, or only in my head if I was around people.

Did I believe in it? Sometimes I did, sometimes I didn't. Good days and bad days.

My desire was stronger than any feeling or belief. So I used my desire as my fuel and weapon to fight against negative thoughts and feelings.

I did affirm while crying. I did have bad moments where I doubted, and I cried to God saying that it was all a lie and there was nothing and nobody listening and that I was tired of it all. I did get angry at God (myself, really) many times.

Things progressed somewhat fast, I'd say. In a shorter timeframe than it took me to manifest him back while there were no signs of things working whatsoever. Step by step.

He first hooked up with me unexpectedly saying he couldn't "hold back anymore." Then he started sleeping over and wanting me to sleep over at his place more often. Then the 3rd parties notifications disappeared. Then he was more and more romantic and loving. Then he said it out loud FOR THE FIRST TIME IN TWO YEARS that he was "everyday more in love" with me. Then he started to introduce me to people as "his wife". Then he wanted to go on a romantic trip with me. Then he asked to live together. Then he wanted to marry. Then he gave me a ring. And much more...

BOOM! Everything I imagined did come true. EVERYTHING AND MORE. And I continuously apply this law in my life and our relationship.

I manifested him deleting people from his instagram. And literally in the same week, he deleted 1,200 followers and people he followed from his instagram. I manifested him



letting me use his phone unlocked with no fear. And now he does. All the time. I manifested him leaving a business partnership so he would stop traveling so much for work. And he did.

Please believe me. Actually, scratch that. Don't believe me. Try it. I'm immensely thankful to myself for trying and persisting. I'm in a wonderful relationship now with the love of my life and problems in other areas of my life can't even bother me like they did before I learned and applied the law. If I turned this man around with the shitty self concept I had at the time, hahaha, I can turn anything around. I feel fulfilled, loved and happy. And those three words were only spoken and thought affirmations months ago. I did not feel any of that. I felt sad, lonely, unloved, and undeserving (note that now I feel great, loved, and happy because I proved the law to myself, not because he makes me feel that way, even though he does). But I always KNEW, consciously, that I deserved love, fulfillment, happiness, and all that I wanted see manifest in my life. I knew that because all I wished for was for my wellbeing, his, and other people around me. I knew I was a good woman that would value and nurture our relationship. I knew I would only make his life better and that if God in fact existed, inside or outside of me, he would want that as well. So I persisted. And it worked.

This shit works, I promise with all my heart. Don't give up. Persist while you cry sitting in the shower (I did). Persist while you cry laying in bed (I did). Persist while everything around you shows you the opposite of what you want to see (I did).

If it worked for me, it will work for you. ♥

Proverbs 18:21 "Death and life are in the power of the tongue; and they that love it shall eat the fruit thereof".

Proverbs 17:27 "The one who has knowledge uses words with restraint, and whoever has understanding is even-tempered".

Proverbs 15:4 "The soothing tongue is a tree of life, but a perverse tongue crushes the spirit".

Proverbs 16:24 "Kind words are like honey, sweet to the soul and healthy to the body".



Success Story: I manifest my sp back success story

Go to NevilleGoddard

r/NevilleGoddard

•

3 yr. ago

Maleficent-Bat1257

I manifest my sp back success story.

Success Story

So my sp and I met on holiday in January. Everything was going fine between us he had previously had a bad break up 6 months prior to us meeting. He seemed really interested in me and carried on pursuing me when we returned from the holiday. He started moving distant then I confronted him and he just basically told me he was looking for a relationship etc and then ghosted me after. He would respond to my texts or calls. So that's when I came across manifesting an sp. Tbh I really thought I had no chance of manifesting him back as he has a lot of money and i didn't really know him long enough to build a connection like some of the success stories I read about. Most people are able to manifest their ex 's easier and I never read much stories on manifesting a short term relationship back. I honestly thought there was no way he'd even think or miss me again. I felt like our connection was strong but after all for him to be able to ghost me and just straight out ignore me i thought I had no chance of getting him back. But I did start the journey anyways, I started by watching different meditations on manifesting an sp and affirmations, scripting etc. After a 2 months almost of no contact my friend convinced me to just message him again to see where his head was at. I felt resistant to do so but then thought if EIYPO then he will definitely respond because I would. But guess what radio silence. I was so stress the whole day my anxiety was through the roof again. But then I felt like at the end of the day I shouldn't have tried to contact him because I was growing in patient so why would God bring him to me out of desperation. So honestly guys it's true what they say you really need to let go ! I let go of the situation after like the first month of no contact I just woke up one day and felt good in myself that he'd definitely message me soon and we'd be together. I'd try visualise like Neville Goddard suggested in 'the feeling is secret 'but eventually found it harder because like I said I didn't know him too well so I started to find it harder and harder to visualise him. So if focus more on the feeling. I tried everything the whisper



technique, pillow technique etc. nothing was seeming to work but I just kept on thinking he will reach out it's fine. I'd start all my affirmations with I AM. And I truly believe that this is what is the most powerful thing to say when manifesting. So eventually I started to feel better and better in my self working on myself image etc. During all of this I was receiving lots of attention from others guys telling me things I'd affirm to myself in the mirror everyday. Like I'm beautiful etc. but nothing from my sp. So eventually I got asked out on a date from a guy from my past. Honestly best date of my life. When I got home from the date though something touched me to still affirm that my sp missed me and was gonna reach out any moment from now. The next morning as I was on my way to work my sp messaged me and told me everything I affirmed he would and it honestly was so scaring I didn't know the power of manifesting till this happened. I do want to touch on the power of God. We are God in ourselves and made in God image and that makes us powerful. I would always pray and tell God to touch my sp heart and he finally did. Trust yourself you can get back anyone but the resistance is in you first you need to feel good and get your energies high and then lots of great things will come your way.



Success Story: sp success story using robotic affirmations :)

r/NevilleGoddard

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7 mo. ago

mrvelwar

sp success story using robotic affirmations :)

Success Story

going to try to keep this as short and sweet as possible so will leave out a lot of the gory details, but as stated in the title I manifested my SP + an engagement only 4 months after becoming official.

as embarrassing as it is to admit it, sp and I met on call of duty. yes, a video game. this was in 2021 when people didn't have their lives fully back due to covid so I was on the game a lot, as was he. it wasn't something we'd planned, but a friendship that grew into romantic feelings on both ends. this was shut down quickly by him as he told me we'd never meet and he didn't want to hurt me. he lives two states away, 800 miles and a 17 hour car ride. not the worst situation, but also not the easiest.

this was a **constant** back and forth thing. he'd come back into my life, I'd catch feelings, and we'd stop talking again. he'd also block me, I've manifested him back into my life multiple times with robotically affirming he'd unblock me, but it'd eventually turn into the same thing. I'm not being dramatic, it was a bad situation as I genuinely had feelings for him.

I eventually lost interest in him, to be completely honest. manifesting him back into my life just to be blocked again (though, I could've very easily manifested he wouldn't, but that's besides the point..) was draining, as you'd assume. after months of no contact, he reached out to me in march. I swore to myself it wouldn't be anything romantic, that I'd just play cod with him and be friendly like we were in the beginning. that lasted about two weeks.

he and I were on the phone 24/7, just like we were every time he came back into my life, and as one can imagine I caught feelings yet again. this time I **refused** to let it end the way it always had. I decided to affirm that he'd grow stronger feelings for me than



ever, that we'd meet and he'd realize how good our connection was and that he couldn't bare to lose me again.

I affirmed whenever I could remember, and whenever a negative thought popped into my head. it was a couple of different affirmations, and I remember once when he said exactly what I'd been affirming for just two days, (*my affirmation: [sp's name] loves me so much, its crazy. his exact words: I love you so much, its crazy.*) this wasn't enough, of course. I kept affirming that we'd meet, even with the fear that we wouldn't. two months later I booked a plane ticket. a month after that, we met.

it was everything I'd been affirming for. an instant connection, the same exact relationship we had online but in person. it was a worry of his that there was a possibility that we wouldn't get along like we did online in person, but it was even better.

after multiple trips back and forth, this recent time I flew to him he proposed. got on one knee and asked me to marry him, told me he couldn't lose me again.

after three years of constantly being blocked, he proposed in four months.

I **wasn't** perfect, these affirmations were said without any feeling it'd come true. I still got scared id be met with he same ending, still got scared when we met we wouldn't connect, still got scared that this would eventually die down. I affirmed through it all, and got much more than id ever hoped for.

TLDR: had an on/off LD relationship for 3 years. he told me we'd never meet and would block me constantly. I gave up on him, but he contacted me again this march. I robotically affirmed he loved me and we'd meet, and we did three months later. after both of us traveling to see each other for four months, this recent visit in October he proposed. all with just robotically affirming even when I didn't think it'd come true.



Success Story: SP Success Story + AI in Relation to NG Concepts

r/NevilleGoddard

•

2 mo. ago

FragrantTelevision84

SP Success Story + AI in Relation to NG Concepts

Success Story

Hello everyone (23M), I spent 4 months of studying NG, going down the rabbit hole of reddit, YouTube, I paid to be in manifestation groups, you name it I was involved in it. I can now finally say that in my 3D reality, I have my SP back.

To start, it was a very rough journey for me, especially starting out. I was down in the dumps, my self-concept sucked, and it felt like my life was falling apart day in and day out. Like many of us, I found out about Neville because of an SP that had just broken up with me. I was in a desperate state of lack and knew that I needed to fix myself in order for his philosophies to take root in my mind and the law of assumption to reflect in my 3D world. I started small, the first proof of power that I realized in the 3D was the ladder technique, that helped me build my belief initially. Furthermore, I started seeing abnormal cars that I would look up on the internet, sometimes multiple times in a day (think Lamborghini Urus), showing me a clear synchronicity. I was manifesting my SP from the start, that was my goal. These other mini synchronicities were helping me build my belief in the law itself, and the power my mind truly holds. In regard to my SP, I would get reflections in my 3D, impossible synchronicities such as someone riding past me on the ski mountain saying my SP's name or a bartender mentioning that her coworker's name (same as my SP) unprecedented. It is extremely important to not let the synchronicities distract you. You should go about them like "of course this happened" or "that's my 3D aligning to my assumption". Do not attach too much emotion or meaning to them, because they will happen and if you focus on the signs, it still shows the universe you're in a state of lack.



Your mind is truly a powerhouse and your subconscious will always prove to you in the 3D world what it believes to be true. I need you to understand and accept this, I know it's not easy but after you continually prove it to yourself, it is undeniable. The technique I found the most useful was robotic affirming as I drifted off to sleep each night, looping affirmations through the Parrot app until I would wake up. I did this for about 2 months. At first I would visualize but I'm not the best at it and quite honestly I don't think it makes a difference. YOU are the difference, your 'knowing' is the key to success in the world of manifestation. After awhile all of these techniques you use to live in the end will begin to feel useless, THIS IS A GOOD THING (because you already have it). It means that your mind has already accepted your desire to be true, and it feels like an extra effort to continue to affirm and do techniques. For me, the key was to stop fixating on the topic its-self, you have to get to a point where you internalize and accept your desire as yours, and move on with life gracefully.

The biggest Tool for me in understanding the concepts (other than NG himself), and receiving reassurance throughout the process was the use of AI (ChatGPT). I had thousands of conversations with AI about my mental state, beliefs, affirmations, synchronicities, NG concepts, etc... Use it to your advantage, and let it help guide you through the process. I got to a point where my self-concept was so high, that I manifested another girl into my life (temporarily) while the 3D was aligning to the assumption that I am married to my SP. The temporary girl reflected my affirmations about my SP, perfectly to a T. Even talked to me about marriage and I was thinking "we've been talking for 2 weeks???". I just knew that it was affirmations about SP being reflected through the temporary girl, while the universe broke down resistance with SP. This was a huge part of the bridge I was on, it helped distract me from fixating on my SP and get me into the state of having, without over analyzing the 3D. I got to the point where I was no longer using ChatGPT as a scapegoat and just internally accepted that I was GOOD WITH OR WITHOUT MY SP. This reinforces to the universe that you already have it, it was no longer a thing I was lacking, because I didn't care, because deep down I knew I had it. Do you get it yet?

Well guess what... once I embraced this for about a month and a half, I woke up to a missed call at 2:00 am from my SP. It was the most normal feeling ever. I was not surprised, but felt a spark of joy because I knew it would happen. fast forward to now, things are unfolding still (my manifestation is marriage). She has admitted she loves me and is now coming to visit me after hating my guts 4 months ago. She even mentioned that I am different, that this love feels like it has "longevity", that she never stopped



thinking about me and she never wanted anyone else (my affirmations). She knew no one else could complete her like I do, because that's what I believed.

Looking back at the process, the amount of synchronicities and the precision of them is almost unbelievable. The universe is always moving things to match what you believe, and it always will. It may look like there is zero progress, but trust me there is. Matter of fact TRUST yourself, Trust NG the GOAT. Things take time to align, and things are still aligning for me. Your faith is your fortune....

Your desire is already yours, like seriously make that decision now.

Feel free to ask any questions in regard to this topic. Ill try my best to help you understand :).



Success Story: Celebrity SP success story with an unexpected bridge of incidents

r/NevilleGoddard

•

2 yr. ago

guaranteedpancakes

Celebrity SP success story with an unexpected bridge of incidents

Success Story

Hey, I have been visiting this forum for a long time, mostly to read success stories. I just created an account to share my recent celebrity success story in the hope that it gives some people motivation. It's quite long but I wanted to share the details :)

I started manifesting my celebrity SP around 4 months ago. He lives thousands of miles away and is a famous musician. A couple of weeks after starting to manifest him, I was meant to go to a small work event but I couldn't go at the last minute. The next day, I saw on social media that he had flown to my city and was at the exact event I was meant to be at (we work in completely different industries)! I definitely would have met him if I'd gone. I was a little disappointed but continued to feel excited/live in the end.

Anyway, fast-forward two months and I get invited on a trip to the city he lives in. I had a feeling that I would meet him there even though there are millions of people who live in his city. Then, one of my friends who was going on the same trip matched with one of his bandmates on a dating app! I thought that this was it...a bridge of incidents where we end up at the same party through my friend dating his bandmate. It seemed to make sense. I was excited - it all seemed to be working out.

But then, my trip got cancelled. I was disappointed but I did my best to persist and live in the end. I couldn't change my flights so I decided to message a friend who lives in his city to see if she was free. She invited me to a town for a few days which was just outside my SP's city. A few days later I was telling a friend that I was going to this town and he said, "Do you know that [SP's name] goes there?" My jaw dropped! I then assumed that this was the bridge of incidents that would lead us to meet.

So I go on the trip. On the first day, I put on an outfit and think to myself, "I'll meet him in this outfit." I then sat outside a cafe eating breakfast. In the distance, I see my celebrity



SP walking in my direction! I'm getting ready to talk to him but then, when he's about 20 meters from me, he turns around and starts walking in the other direction!!! I felt like I couldn't run after him - it would have been too much. The first thought I had was, "Did my moment just pass me by?" Immediately, I told myself that wasn't the case and that I'll meet him another time over the coming days.

The next day, without even thinking, I put on the same outfit as the day before. I'd packed lots of different outfits so it was strange that I did that. I headed out to explore and go for a walk. An hour into my walk, I see my celebrity SP walking towards me and this time he didn't turn around! As he walked past, I started talking to him. I told him I knew who he was and we chatted for a long time.

The funny thing is, I was wearing the outfit that I thought I'd meet him in. This wasn't conscious - I guess that something in my subconscious mind must have told me to wear it again for the second day in a row. We didn't swap numbers but a few days after we met I messaged him on social media and he replied. So we are now chatting and I'm excited about this next bridge of incidents!

Visualization was the main technique I used. In particular, I would visualize just before I went to sleep and when I was listening to music while exercising during the day. Music makes a big difference for me I think. Anyway, part of me thinks what a 'crazy' bridge of incidents...but the law is the law! I think my biggest learning from this is to persist. When my trip got cancelled, it felt like it was a step in the wrong direction, but it was actually a step in the right direction. The universe knows :)



Success Story: How I Manifested my SP Back

r/NevilleGoddard

•

3 mo. ago

allaniiverson

How I Manifested my SP Back

Success Story

Hi guys, just coming on here to share my huge recent success that has me overjoyed.

To keep things simple I manifested my SP the first time very easily as I basically just held the assumption that she was obsessed with me and would tell me she wanted to be my girlfriend. I visualized her telling me it a few times but I didn't really care too much it felt plausible already. This exact scene happened while we were on a dinner date one night and I told her I had basically spoke it into existence.

Fast forward not to get into the details but a lot of shit on both ends, both of us were hurt and eventually we split. Looking back on it now both our of energy definitely manifested us breaking up as she had insecurities about my intentions and I was in an awful state mentally with very little self love.

So the day it happened I crashed and burned a little, but let it stay in that day. From then I started focusing more on my hobbies, hanging out with my friends, working out again, and really just trying my best to love myself and show myself how amazing life can be alone. It's important to remember you are ALONE but not LONELY.

Finally she reaches out, about 3 weeks into the break up, and I'm real excited, it had already been a great week. She said she was ready to talk and that we could meet in a few days. This was great I thought all my efforts had paid off, but I dropped the ball. I let my guard down, the self concept I had built up folded, and I completely self sabotaged by letting all these "what-ifs" creep into my mind. Ultimately my neediness and coming from a place of lack and fear caused what I thought to be the worst case scenario at the time. Not only did she say she didn't want to talk anymore, she said some really mean things to me and basically told me leave her alone forever.



Yeah, that all sounds pretty bad, but I was in such disbelief at the situation, that it didn't feel real at all. It felt like the most obvious test from god because of how ridiculous it was. I took the time to be in shock for a bit, and when I get home I just rampaged, I told myself none of this was real and affirmed until I felt good again.

The entire week I have been sticking to not checking ANYTHING, immediately flipping negative thoughts to positive, and doing a few techniques when I feel like it. I stuck to the NEW story that she reached out to me feeling awful and apologized for everything and that she NEEDED me back. Surely enough, the 3d conformed last night and I couldn't be happier.

I'm honestly glad I had to go through this because as someone who has been practicing for almost 5 years, I was getting so complacent. This situation reminded me that NOTHING IS REAL in the 3D and your IMAGINATION IS. I'm telling you if you really dislike your 3D circumstances lay in bed for a little and just imagine your dream life. See it all and realize that THAT is more real than the one you think you're experience. YOU are GOD, YOU are LIMITLESS, and YOU ALWAYS get what YOU want. Be a spoiled teen and claim your birthright. Look around you and realize that every single thing was created by YOU-the source



Success Story: I dreamed about my manifestation before it happened (SP success story).

I dreamed about my manifestation before it happened (SP success story).

Success Story

Okay, I can finally post a story of mine here, now that it's not moderated!

I want to share this success story with you that is, until now, the most remarkable one I've ever had.

Two years ago, I was head over heels for a man a bit older than me. He was in a committed relationship.

Me and this man didn't have any mutual friends, I didn't have his contact and we seldom saw each other. Logically, you would need to be in frequent contact with the person and see them often for feelings to grow on their part, right? But logic doesn't apply to the Law of Assumption as we all know.

I was obsessed with the SP and wanted him very badly. I used to whine to a friend on how much I liked him and wanted him. Sometimes I felt bad that she would get sick of me always talking about him! 😊

Here is what I did:

Every morning on the bus rides, I would put mostly the same song on repeat and visualized my SP in front of me, looking into my eyes with a passionate smile, caressing my face and slowly approaching his face to mine until he kissed me. This was my scene every morning on the bus. I did it for around 40 minutes as it was how long the bus ride was. I did this consistently every day of the week and a daydream here and there on the weekends.

After around 2-3 weeks he asked for my contact and sent me a message on how beautiful he thought I was. Two months later, him and his girlfriend were constantly getting into fights and they broke up.

Now here's the crazy part: Around 1-2 weeks before the manifestation happened, I had a dream that me and my SP were in this specific place and he came to me, grabbed me and kissed me! It felt so real that when I woke up I was confused but feeling so good about it! I never thought that what I had experienced in my dream would



even happen. When I woke up I was like “no way this would happen”. It was an oddly specific dream.

But lo and behold, the dream I had with the SP happened as exactly in the 3D!!! Exact same place, exact same actions from the SP! After I went home from the incident, I realized that it was exactly as my dream! I was flabbergasted!

And here’s another interesting fact: my SP kept repeating to me the lyrics of the song I always listened to while visualizing us together. The song I listened to was “Angel” by FINNEAS, it’s a beautiful romantic song. A verse of the song’s lyrics is “You’re an angel in my eyes” and my SP was always calling me an angel and that I was his angel.

This whole manifestation is none like other manifestations I’ve had, from what I can recall.

Before the manifestation happened, I did also see frequent angel numbers such as 11:11 and 1:11 and guess what, manifestation happened on the November 11th (11/11). Crazy stuff, right??

I remember that I also used to listen to a mantra while manifesting him. I don’t know if that had impact on the whole thing as well.



Success Story: Revision SP success story

r/NevilleGoddard

•

1 yr. ago

Southern-Egg-3160

Revision SP success story

Success Story

Hi all,

As a lurker on these threads for a while now, I wanted to share a recent success story I had with revision.

Revision has always been a fuzzy concept to me and something I've never been able to wrap my brain around or fully believe/embrace until now. I am hoping that sharing my experience may help provide somebody else clarity who may still be trying to piece the idea of it all together.

A couple weeks ago, my SP and I got into an argument which resulted in him making a comment about a celebrity that made me uncomfortable and didn't set well with me. Immediately after, I was extremely upset (sobbing, sleeping on the couch, debating our entire relationship) and distraught. In the past when he crossed the line during arguments, I successfully manifested apologies from him, but this time felt different. This comment wasn't something I saw myself moving past. So I decided to try revision.

I went in my mind and revised the argument my SP and I had to just be a conversation which ended in him reassuring me. I was only able to loop it a couple times before I fell asleep.

The next morning, and the days following, things were pretty tense between us but none of us brought up the argument from the night before. This is where I struggled. I didn't know how to act because internally, I was still fuming over what was said but also knew that a) I essentially manifested the unwanted comment in the first place and b) things were in the process of changing anyway because of the revision I did. It took me a few days to be able to warm up to him again slowly. We did end up having another argument a few days after (unrelated to the original), but he resolved it sweetly, which helped immensely on getting us to a decent and loving place again.



After a few days, I didn't feel the need to go back and revise/loop the original situation anymore. Maybe a couple times when I got triggered but I got to a point where I was okay just kind of letting it be and sitting in the faith that the situation had been revised and I would see proof of that soon.

I personally think this was the key in making revision successful for me. Of course, I had known all along that the key to manifesting anything successfully is persistence no matter what, but with revision, I was always under the impression that it was a one and done kind of process. When actually, it should be done as many times as YOU need to change your strong emotional attachment to it. And it will change. As crazy, and far off as the idea seems, it will change.

Anyway, my SP and I ended up taking a weekend getaway trip and had a really great time. We were reconnected and he was showing up sweetly. Near the end of our trip, I was triggered by something in my 3D that I saw that made me think of our original fight/the comment he had made about the celebrity.

Because we were in a good place, I casually tried asking about the celebrity and hinted at the comment he made. Essentially, I was looking for reassurance. NOT if the revision had worked because I had let it stay in my past at that point (and wasn't even thinking of it at the time) but more so about the situation in general. Something I'd look for reassurance for in our normal day to day conversation, and not as a result of an argument.

Hope that makes sense lol. Anyway, he was so confused about why I would be asking such a thing lol. Like this reassurance that I needed was so random and out of left field to even be bringing up. I even pushed it a tiny bit and said something like "but you said " and he responded back in denial "I never said that. I don't know what you're talking about" and then provided me with reassurance. The same reassurance I had revised the scene to reflect. IT. WAS. LIKE. THE. COMMENT. WAS. NEVER. EVEN. SAID. I am shocked (but also not because I know I am god and can literally get whatever I want).

Choosing to revise this incident instead of manifesting an apology for it was a game changer and surprisingly brought me a lot more relief and peace to the situation than an apology would have. Now that I've learned how POWERFUL revision really can be, I will continue to play with it and advise you to do also! Let me know if you have any questions and let's keep creating our own magic in this world!



Success Story: SUCCESS STORY SP

r/NevilleGoddard

•

5 yr. ago

its_shaker

SUCCESS STORY SP

Success Story

Okay so a while ago i came on here and wrote how with some revising, i managed to change the way my SP talked to me. and how she became friendlier. but for those who haven't seen my older posts, i'll give a brief explanation of what happened leading up to this moment eight now.

so about 2 months ago, me and my girl were going through a really rough phase. and best believe it, she told me she wasn't ready to keep going. i was at a low point too, and so it made sense that this "breakup" was something i'd have manifested for myself. we had been dating for almost 7 months prior to that.

ANYWHO, she told me she didn't know what she wanted and that she wasn't sure she wanted to be in a relationship because everything was "overwhelming".

i'm not one to take no for an answer, ever lol. and so literally the same day, i set a deadline for myself for when i wanted her back, and i started doing some work. i initially started with revision, and it did work initially, but as i got closer to my deadline i started to panic because i wasn't sure whether or not my manifestation was gonna happen. but that in itself was a sure sign none of the work i was doing was working because i wouldn't be questioning it if i believed it.

so i wrote down everything i wanted, including getting married to that girl, and i dropped the release date. i decided to let myself take as much time as i need without stressing myself out, and i began my work.

i focused intensely on myself. bettering myself and becoming a version of me that is worthy of my desires. i don't wanna go into detail as to what i did. because it's confusing. but for the most part i meditated morning and night on my desire, and then i



went about my day. texted her every here and there. didn't care what her response was. i was just focused on what it is i wanted and who i had to become to receive it.

2 months later, we've been back for more than a month, and i don't think she's ever been more in love with me than she is right now. she literally, and i quote, said "i don't wanna spend a single fucking day away from you".

i can't even go to my friends house without her texting me i miss you. i'm going to propose to her soon, and i have NOOOO doubt in my heart she's gonna say yes! we even talked about it 😊

i just wanted to let you guys known that what did it for me was the level of importance. i had to make myself important, and make myself believe i was worthy. i'm not head over heels in love with myself or obsessed with myself, but i sure as hell know my worth. and that's what did it for me. the techniques were just something to help me get into the mindset of the person that has what i want. or wanted. lol cuz i have it now.

i'm now focusing on manifesting other things like money and cars and etc. i don't have to even worry about her at all cuz i KNOWWW she loves me. it's the same knowing i have when i let go of my phone and i KNOW its gonna fall down because of gravity.

you just know. so yeah i hope thag inspired you guys.

also another major thing for me. GET OFF THIS SUB 😊 don't let other people's success scare or intimidate you. heck people said it took them YEARS?? it took me 2 weeks maybe 3

i don't remember cuz that time in my life is so irrelevant but yeah. live YOUR life. make your own rules and manifest exactly how you want to manifest. there's no secret formula.

dm me on instagram @shaker if you have questions. i hardly use this app. if i take time to respond it's because i'm literally never on my phone. i try to stay as mindful as possible living life. but yeah. happy manifesting 💕



Success Story: SP success story (not the typical romantic one) + few tips

r/NevilleGoddard

•

6 yr. ago

kisboborjan

I am a Goddess

SP success story (not the typical romantic one) + few tips

Success Story

Edit: wow, thank you for the silver!

I'm afraid it's gonna be long, so bear with me.

A little background story: me (29F) and my SP (49M) been friends since forever. I know him from my childhood, our families are good friends. I started catching feelings towards him 4 years ago, when he kissed me on a New Year's Eve party, but when I confessed, he said I'm lunatic and he doesn't want anything. I was devastated, but eventually found the book Secret, and tried to attract him. Of course I failed, and after a few hurtful months I finally fell out of him.

Fast forward to September 2018 I had another crush, and that's how I found Neville. I joined this subreddit and read a lot from Neville, watched Agnes Vivarelli, tried to meditate and everything just to get that man. I used self love meditations, affirmations, and SATS about him. But since he was living in another country, my limiting belief was huge, so nothing happened.

Until one day, I was hanging out at my SP's place. Keep in mind, at that time I was absolutely in love with this other man, and I had no intention getting closer to my SP. On that evening my SP held my hand, caressed it, and kissed me again. He told me cute things, and all I could think about was "Wait, what's happening right now?"



From that evening on, I determined myself to my SP. I knew my time has come, and now or never I want this man. I jumped into Neville even more. I visualized and did SATS, but not the regular way before sleep. For me I can find myself more easily in the State Akin To Sleep immediately after waking up. I have to say, that my end goal wasn't a relationship with him, but sleeping with him regularly, like friends with benefits. One morning after I did SATS, imagining us in bed, I had this feeling what Neville talks about a lot. The feeling when you just KNOW it's done. After that morning I felt I don't even need to visualize or do whatever, because I just knew he's mine. But this feeling didn't last long, only a couple days.

Of course shit happened. It came to my attention he has a crush on another girl, and he openly talked about her to me. At this time I joined the Neville's students group on Whatsapp, where *Jennifer* opened my eyes about how this works. She explained in the most easy way: you just have to KNOW it's done. Don't need to do anything, no visualize, no affirmations, you don't need to do any tools just have faith, and know it's done. (*Jennifer if you happen to read this, I owe you my life*).

So I did what she said, and confirmed myself that he wanna sleep with me, and wants me all the time. I did self love affirmations, and affirmations regards him in general, and sometimes SATS but not that frequently. During this time he started to text me (he never did that before) and called me.

I just knew he would text me, and he just did. I told myself one Tuesday he would text me today, and he did. I intended him to kiss me and he did. And I just knew that we would sleep together this past weekend, and WE JUST DID! It happened! Because I knew it will happen. Because he is me pushed out.

If I could tell this to my younger self 4 years back, when all I did was craving him, I wouldn't believe myself. You can see how hard I found the right path through this Law of Attraction chaos, and when I finally found Neville that didn't mean I could easily understood and could apply right away. It was a long process but worth the wait.

Few tips for you who struggling:

- Accept and believe that everyone is you pushed out (you can find a lot YouTube vids on this topic, I recommend: Joseph Alai, Amanda (createyourfuture) and Agnes Vivarelli
- Accept and believe that imagination creates reality. Nothing is real, only your imagination. Your imagination is God, and you are the creator. You are the operant power, nothing is impossible to you.



- You don't have to do anything to get what you want. You don't even need to use tools, but you definitely can. If you want to use SATS and stuff do that, but if you struggling with them don't be hard on yourself. Just know that you can succeed without them also.
- PERSIST and suspend judgement. Don't pay attention to the bad things. When he told me about the other girl, I didn't pay attention to her. I told myself: he may like her, but he wants to be with me and me only. And from that time he never mentioned her.

I hope I could help. If you have questions feel free to ask, and I recommend you [this website](#) the girls doing, really incredible job.



Success Story: Instant SP Success Story!

r/NevilleGoddard

•

5 yr. ago

dianekingley

Instant SP Success Story!

Buckle up, this is a good one!

I have been seeing this guy for the past four months or so, everything was good, but of course, I started freaking out for god knows what reason, and my vibration pushed him away. We had a big fight, and I haven't seen him for a couple of weeks. I have been texting him, checking in, trying to figure it out, but he kept ditching me. I continued freaking out, thinking this would be the end of us. And guess what, it was the end of us. When I finally called him and confronted him, my SP told me he didn't want me anymore. He has been dealing with a lot lately, so he was not very kind during our confrontation. I kept my cool, wishes him good luck and tried to let go.

YET, I knew I caused all this drama, because of my mental state. I decided to rewrite the narrative, because he truly is a wonderful man, and I do want to see where it goes. So, I jumped back on youtube and started watching random manifestation videos. My favorite is JOSEPH ALAI! I felt inspired again. I told myself it would all workout for two days, but I still was very attached to the outcome. Yesterday, somehow I found a tiny youtube Tanita Kadi. Her last video is on manifestation of specific person Neville Goddard way and it is over 40 minutes long. Normally I would never watch a smaller youtuber, especially if the video is so long, but I desperately needed to let go, so I watched her video in hopes to find the answer. And guess what, I found it.

In the video, the youtuber says, "if you are asking whether it's working, you are messing with your manifestation. Why are you asking if it's working? Of course, it's working. When you order something on amazon, you don't question whether your order went through. You forget about it until it arrives." This really really opened my eyes to the fact that I am messing with my own manifestation, constantly asking is it working? am i doing the right thing? If i truly believed in my manifestation, these questions wouldn't arise in my mind.

So, yesterday before going to bed I did the technique suggested by Tanita Kadi prior to doing SATs. I visualized while playing music and really allowed myself to connect to my



emotions. Once I felt I was there, receiving an apology from my man, I let go and dove into SATs until I fell asleep. The important thing that I learned from her video is it's not the technique that matters but whether your subconscious accepted the seed, and only you know if it did. When I was falling asleep, I was falling asleep in another Universe, where my man has apologized to me.

Guess what? THIS MORNING!!!! Less than 24 hours after I did Tanita's technique and SATs, I woke up to a message from my man, saying exactly the thing that I envisioned. He apologized. He said he was dealing with a lot. He said that he missed me and he wanted to see me tomorrow. THIS IS AFTER THREE WEEKS OF HIM NOT WILLING TO SEE ME! In conclusion, your manifestation will come to you when you truly 100% believe it's yours. The time break between you planting the seed and your desire coming true depends on how much you actually believe it. So, you best believe it's possible, because it truly is!



Success Story:SP situation changed in a week: PERSISTENCE is the key!! (inspiration story)

r/NevilleGoddard

•

1 yr. ago

[deleted]

SP situation changed in a week: PERSISTENCE is the key!! (inspiration story)

Success Story

My boyfriend and I got together in the most natural and wonderful way, he came into my life when i was in a place of being complete with myself, I was not in a place of lack and not even looking for a partner. It just happened. I feel so grateful that we are both enlightened in our relationship and we see it as a sacred opportunity of growth and healing.

*“Love is a state of Being. **Your love is not outside; it is deep within you.** You can never lose it, and it cannot leave you. It is not dependent on some other body, some external form. In the stillness of your presence, you can feel your own formless and timeless reality as the unmanifested life that animates your physical form. You can then feel the same life deep within every other human and every other creature. You look beyond the veil of form and separation. This is the realization of oneness. This is love.”*

Eckhart Tolle

I would like to start with this quote, so to tell a little bit more about the great premises of the relationship which started six months ago. Despite this, challenges can always arise to test the relationship, but it can only make it stronger when overcome together! Now it's been two months since he has moved three hours away from me. He had already planned this when we met and we both knew when we started getting to know each other that distance was going to be a challenge we were going to face. At first i could really feel the connection even if the physical presence was going to be less and less, I planned a time when I went to visit him a month ago and it was wonderful. I connected beautifully with him and the place where he is living now. When I left we had decided that he was going to come visit me around the middle of may. I am finishing up with university exams and work is preventing me from traveling until June (may 31st is when



i am done with my current job). I also don't own a car so it's difficult to travel there just for one night. And he knew this, so we agreed he was going to come and visit me next.

Around two weeks ago I began to feel some distance in the communication and i sensed there was something he was going through and I was waiting for him to open up without asking anything - even though i was worried about the fact that he wasn't talking about our next meeting. He is going through a huge life change and eventually he told me that he feels like he needs to focus his energies on what he's doing there and basically he wasn't going to travel or leave that place to come see me. Some deep wounds of mine got triggered from this and I felt angry and sad, I didn't understand why he couldn't just leave for a couple of days.

We had a couple of long conversations on the phone since he told me this ten days ago - I took a break to listen to myself and what emotions were arising. Around a week ago I went into a place of acceptance, I didn't want to resist the situation because it would only hurt me. I expressed my feelings and also my state of calm and presence in this situation, why? **Because I knew i could change it.** I knew the law was acting - as it always does - and only reflecting my own thoughts of feeling abandoned and my own beliefs dictated by past relationships trauma. I meditated and accepted the fact that he was me pushed out, and if he had these avoidant behavior i was the one reacting to the fear of it, and even acting it first at the beginning of the relationship. This is when I felt an incredible amount of love towards myself and consequently towards him. **I decided that i was going to ignore all the circumstances** and precisely let go of the how or the when and I started visualizing him at my door. I felt the scene with **all my senses**. I kept asking myself how I would feel, what I would do and what i would think if he was coming to me *today*. That was when the embodiment came natural. Yesterday, even if I didn't hear from him all day, I was pervaded by a feeling of euphoria and excitement knowing he was coming soon and that it was already done, **the 3d only had to catch up**. I had never been more sure.

This morning he called me unexpectedly and he said "I gotta tell you something.."

I smiled so big because I already knew what he was going to say and in that moment i knew the wish was fulfilled, just like I had assumed previously completely disregarding my circumstances.

He told me he had already decided this a couple of days ago but wanted to tell me on a video call, he feels the need to come see me where we can talk and grow in a space where we can feel each other, together. This morning he told me that next week he is going to come here and see me for a couple of days. A week ago I thought this was impossible and guess what, it was because i decided so. But when i finally changed my



belief and assumed the feeling of the wish fulfilled with my entire being, then my reality changed.

I hope my story can inspire someone. I've been studying Neville's work for a while now and practicing in my daily life. This was my (un)expected success of persistence even when my feelings were too low, when that voice in my head was telling me he didn't care enough about me. It's fundamental to SEE when that happens so we can shift our thoughts and accordingly our feelings. **Our power resides in how we persist in the discomfort just knowing that once we decide what we want, our reality has no choice but to catch up**



Success Story: Love yourself first (my SP story)

EnlighteningTA

Love yourself first (my SP story)

Success Story

I have this huge success story with my SP and im gonna give some tips that helped me and obviously, this is my story, it doesnt mean your results will be the same so please, do whatever you think is best for you. We're all different and we all manage our thoughts and mental wellbeing differently.

My SP was my ex. who dumped me after 5 years of relationship.

So i let myself feel negative for some time, a breakup is a type of loss, and grieving is a healthy way to overcome loss and move on.

1.I was thinking should i try to manifest her back, i asked myself, is that really what i want ? i asked myself whats really different without her in my life, did i actually lose something or was our relationship just a habbit and something that i learned to do. And i got my answers, nothing is really different, deep down i think we all know that, i knew i would miss little things about her such as her smile, how she talks, her voice, her touch, and thats cool but thats not something i couldnt live without, i still had a job, family, friends, so thats what helped me get out of a victim state of mind.

2.Still not knowing if i should try and manifest her back i decided to heal myself, so i started with affirmations but affirmations about myself of course, each of my affirmation starting with I AM, and then add something positive. I would write my affirmations x5



each and read them out loud for 5-10 minutes or whatever i felt like. I would meditate and then i would do SATS, not visualizing anything specific but just me being happy and enjoying little things in life. I did that for 100 days straight, it seems like a long time but believe it or not, after just 2 weeks of doing this i could feel the difference but after 100 days i felt great, i was kinda happy, i wasnt jumping and clapping my hands happy but i was happy considering how broken i was before that.

3. Now i knew i wanted her in my life again, because i proved myself that i can live without her and thats how i knew it wasnt out of desperation or lack. It was because i truly wanted her.

4. I still kept with my self improving affirmations, meditation and SATS, except, i included her in my SATS, i visualized us living in our own apartment, i visualized us chilling on the sofa, watching tv and me playing with her hair, our wedding pictures on the wall and rings.

5. After 7 months of no contact, she messaged me. The rest is history but everything i visualized came true, except our apartment looks nothing like i imagined, but who cares.

My SP aside, even if we didnt get back together i'd still feel great, and thats the whole point, i'd still be the person i am today and the person i wanted to be in the first place, so it happened only after i healed, after i was really OKAY with us not being together, so, thats your clue, instead of wondering why arent they messaging yet, ask yourself how are you. I guess what im trying to say is, how can you be happy if your happiness depends on someone else, especially if that someone else is not even there.

This is why loving your SP without clinging to them for your existence is very important because, see, loving someone but being okay without them is a state without lack, its a state of abundance because theres only love, without fear, anxiety, without WHAT IF and only way to achieve that is to learn how to love yourself unconditionally, so manifest your wellbeing first.



EDIT: I've seen some comments asking about 'how much time, how long before this or that' the thing is, as long as you're thinking about time, it seems like you're craving for them, that was always my indicator that im not ready. I knew i was ready when i wanted my SP back because it would be NICE, not because i miss her or because i need her, dont worry about time. I never thought about time because i dont see why it matters.... any time is a good time for your wish to come true.

Also, thanks to everyone wishing me nice things, i love this community!



Success Story:Miraculous turnaround with SP!

r/NevilleGoddard

•

6 yr. ago

[deleted]

Miraculous turnaround with SP!

Success Story

I promised myself that I would write a success story if could get my SP, as reading so many of your posts have gotten me through some sad days and weeks. Well, I got SUCH a huge turnaround from him yesterday. Here's what worked for me:

1. Delete the old story: Unless it serves you and what you want, stop repeating the old story, bad stuff and anything you don't want in your head. Believe me when I tell you, my SP said a lot of things and was dead set on many "nevers" concerning us staying in contact or even being together. I won't go into more detail of the old story, because that is what keeps it alive. Just trust that it was bad. Only focus on what you want. Period.
2. Do the work: There's no substitute. No matter what you see, replace it with positive intentions of what you want until you get to a place of belief. What I found in my experience is you don't necessarily have to feel happy and/or positive, you just have to have pure belief. I was sad a lot of moments and days. The thing is, when you have pure belief that you have what you want, then naturally you will begin to feel positive and happy. Any doubt is an indicator and opportunity to replace that doubtful thought with a positive intention or thought and naturally you will shift your beliefs too.
3. Everyone is you pushed out: This. Is. Everything. I realized that I had it backwards. I kept thinking, I love and care about him so much and I do so much for him — so if he's me pushed out, why isn't he doing the same towards me? I took a good look at my thoughts and realized it was because I didn't EXPECT him to. So I changed it. When I thought of him, I would tell myself that he loves me now more than ever, is understanding, and wants to talk to me. When I heard from him yesterday, it was like he had forgotten all of the things he had previously said.
4. Drop the time and focus on the work. For a while, I wanted to fix things as instantly as I could and it was making me miserable because I kept looking for him — but if you're looking you don't believe. If you're looking you're in a state of



lack. My SP was dead set on us not staying in contact for an underdetermined amount of time, but a minimum of several months. I heard from him in three weeks after I truly dedicated myself to bettering my thoughts about him and us and focusing on what I want.

Special thanks to u/createyourfuture, u/bryguy7571 and u/moeshiagree for all your advice!

I really encourage everyone to be gentle with yourselves in this process. When I started, I was so upset that it was almost like I was beating myself up with my positive intentions, trying to do this in effort to get him to change his position, I got nothing because I wasn't changing my thoughts as beliefs about who he was and how I expected him to act. It wasn't until I eased up on myself and started to shift my thoughts and focus in order to truly start thinking and believing differently about him, how he behaves, and what he was thinking that he reached out to me and it was like magic. While I still don't have my commitment (yet, because I'll just intend differently ;)) I do have him reaching towards me, being sweet and softening and being understanding, and wanting to talk about us being together.

If you have the means, work with Amanda (first tag above) or watch her videos. I have worked with her for a little over a month and she does break it down very simply but you have to listen and do the work to change your thoughts until you believe differently about your SP. The bottom line is no matter how many techniques or people you talk to, no one can do the work for you. This is your world, create and mold it with your thoughts and beliefs in order to experience whatever it is you want.

I promise to update as things progress, but wanted to post this and hope that it helps at least one person as much as all of your posts have helped me!



Success Story: Changing your SP's unwanted behavior (guide + success)

r/NevilleGoddard

•

1 yr. ago

Mr_Stardust2

Saturated Brain

Changing your SP's unwanted behavior (guide + success)

Success Story

Someone on my previous post about my SP success story asked for me to expand upon how I changed SP's behavior.

To preface: I want this to really dig deep into how YES even when your SP tells you something so unfavorable to your face, you can still manifest them and change them all with changing your thoughts on them. It's that simple.

So firstly, what did I change? - Partying Well for starters, SP was a hardcore partier, iirc, he would go to house parties and get completely wasted, skinny dip in pools, try various drugs. And of course, whenever he'd call me, he'd tell me about the experiences he'd have at these parties and the people he'd meet.

Naturally I wanted to change this because I didn't want him to have a myriad of health issues or have something happen to him.

Secondly, how did I change his behavior? - Denial and refusal Whenever SP said something unfavorable either through text or through phone or face to face, I would always be like "uhh no, ur not doing that and you don't feel that way."

Specifically for the partying thing, the first thing I do when an unwanted train of thought of him partying, drinking and drug use, etc, I would just quietly smile and remind myself who I am, forcing myself to smile helps ironically, and then I would think "You don't like to do this shit anymore man, you'd rather just chill and play video games" or "Yeah you never said that, you don't even do it that often anymore, you are so over it."

^ And SP pretty much conforms easily to that. He's stopped partying and doing drugs or alcohol to excess. He, like me, will drink on special occasion now.



So to simplify the process, if unfavorable SP behavior rears its ugly head, all you need to do is simply invalidate it mentally and not accept what he says or draw to an unfavorable conclusion. Whenever the idea of it pops up to scare you, shut it down and reinforce the fact that SP is not in fact presenting you with unfavorable behavior, instead he is showing you favorable behavior!

Also remember that if you're trying to change SP, don't try to force it in the 3D. Be kind, be gentle, be accepting of SP at face value and show him that you care and are here for them. But don't try and control them or shame them or in a different way do something to change SP via the 3D because you think its something you can't change with your thoughts. Because you can change it. I am walking proof to that.



Success Story: ✨ **SUCCESS STORY** ✨ Played out exactly how I scripted!

r/NevilleGoddard

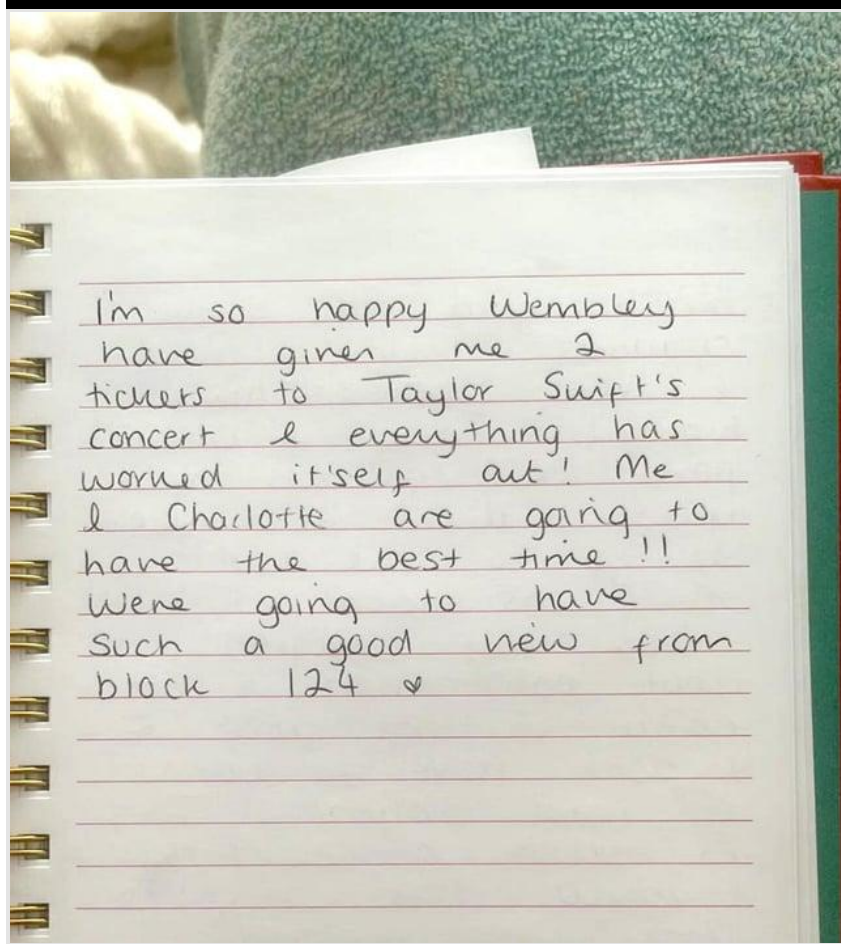
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9 mo. ago

writtenwithlove

✨ **SUCCESS STORY** ✨ Played out exactly how I scripted!

Success Story



THIS IS YOUR SIGN TO NEVER GIVE UP, YOUR TECHNIQUES WORK!

🌟💖 I manifested last minute Taylor Swift Tickets!! For over a year now I've been so sad I never got an access code to even try get tickets... Long story short, at the beginning of this month I scripted this... Last Friday, I called Wembley Stadium again (despite me calling dozens of times within the last few months and writing emails to be



told no tickets and nothing they can do multiple times) and guess who's gave me 2 tickets. They didn't even ask where I would like to be seated, just said oh btw you'll be in block 124 😲😲 EXACTLY WHAT BLOCK I RANDOMLY CHOSE WHEN I SCRIPTED!! I'M SHOOK - BUT AM I? 🤔 ofc I got what I wanted 🙌.

To top it off, we had the BEST view and I have mobility issues with my legs and my seat was an isle seat meaning I could rest my legs out which really helped me. She also played surprise songs that were so close to my heart. It was like it was all meant to be! 🤍

Techniques used:

- Scripting (once)
- The odd visualisation in a daydream like state
- Robotic Affirming (about 5 minutes) whilst they told me no again on the phone after I wanted to swap their offer for Tuesday night tickets for Monday night tickets

Note 🚩 I had pretty much given up on the Monday and was rotting in misery as everything was against this happening for me.

Guys DO NOT GIVE UP! This has been a 2 year journey for me now since finding the law and I've given up so many times with so many things I'm manifesting by letting the 3D tell me things aren't working... THEY ARE! YOU'RE THE ONLY ONE IN CONTROL! I'm finally stepping into my "I don't take no as an option" era and believing in my power 🥂

I know it's finally time to fully trust & believe everything else I want is on its way to me 🌟
YOU HOLD THE MAGIC 🔑 I found the law through wanting to manifest SP back and healing myself from all my health issues and I know they are next ❤️❤️



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