

POSSIBLE

Dream The Impossible

Avit Bansal

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Book Cover Designed by Kajal

*I Owe My Journey To The Attainment Of The “KEY” To Kajal, A
Heavenly Compliment And The Most Profound Inspiration In My Life.
In The Labyrinth Of The World She Stands Still As A Beacon Of Love
And Knowledge. She Has Accompanied Me, Throughout The Journey
Of Materialising The New Way Of Conscious Living In The Form Of
This Book "Possible". I Owe Kajal The Tremendous Gratitude For
Showing This Beautiful Way Of Living! It Is Not Me, But Through Me,
Kajal Is Writing.*

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POSSIBLE

Dream The Impossible

In Hope To Wake You Up

THE HARDEST PART

“The hardest part is starting. Once you get out of the way, you will find rest of the journey much easier”

-Simon Sinek

Imagine, yes imagine! confronting a radical thinker and making him realize that he was wrong, in his beliefs, he made wrong assumptions his whole life. Just like telling a priest or a religious figure that he prayed to the wrong god his whole life. There is a good chance that he won't give his two cents to you, no matter what proof, living or dead you may provide. This was always the case, you may refer to the time when the geocentric approach was negated, the times when the “ones” who challenged the established beliefs, were taught the dear lessons. Let's not dwell on the details of each such instances. It would be better to accept, the longer the belief is held, the harder it is to change.

Now let's bring those times to now, what if I say, to you all, the readers, are living life the “not so supposed” way! Don't worry, I have no enmity towards you but for the sake of the argument, let's assume this situation. You praised and followed the wrong ideals, you were always told the “lies”. You are the fruit of the tree that was fed on misconceptions of life, you were the students of the teacher, who didn't know the depth of the subject, the subject which you mastered. Who “AM I” to preach to

you, that you were all wrong, your mastery of the subject is all but the reality! The assumptions and ideals that you wore so close to your bones are deeply infused within you and form an integral part of your nature and personality.

Let us come to the hard part now. For a moment, suppose, I have a “KEY”, “KEY” which opens any door, which life allows, has or might have. Which could be a door to healthy relationships, material success, abundance, happiness or any door you want to access, you think it, you have it.

But there is a catch! For the “KEY”, you must trade, yes! you need to trade it dearly. If you can trade dearly, you can have the “KEY” which allows you to pass any door, which life offers. What is the trade then? one might ask. You need to trade all of YOU, all your beliefs, all your ideals, all your limiting beliefs, you need to let go of your OLD SELF, you need to be re-born in this world, and you need to start afresh! Will you trade? Or will you not give two cents just like the radical thinker? For a radical thinker, this would be a textbook, for a trader it would be itself a “KEY”!

“It’s not the LEARNING, it’s the UNLEARNING, which is tough”

Let's make one thing very clear, *it is the good that comes to the trader to be traded, not the other way around.* In this case, the GOOD(Possible), came to you(Trader), not the other way around.

This is the gist of the “Possible”. You might not understand it yet completely, but we will together dwell on its meaning in forthcoming chapters.

* * *

THE “KEY”

The “KEY” has always been the way of life, just like law, like any other law, the law of Gravity. You cannot escape it, you were, are and will be subject to it. Whether you notice or not, the KEY doesn't need your approval for its existence or its operation. It is the way of life. Do not take my word for it, by the end of this book traders will trade it dearly, you will understand it, feel it and most importantly will see it and implement it. Again, the KEY is under no obligation to your acceptance for its existence, It is universal and a LAW.

KEY is not a physical thing, it's merely an epiphany. The epiphany which changes your life, if you are a trader. Usually, a trader wants to trade his money with the goods he intends to buy. The GOOD represents his desire, desire could be - his intention to get the riches of the world, fame of the world, the relationship of the world, cure for illness and the intention never stops. Here you are the TRADER, the readers, and desires could be a better job, a better lifestyle, a better relationship, a better house, maybe. Now the question arises, are you willing to trade the KEY for your GOODS/Desires? But for your desires, you need to trade everything you have, all the riches you have. There should be no money left unspent in your pocket, you need to give each penny including the lint of your pocket, lint means the doubts.

The Traders who are willing to go “All in” should and would get KEY, and must read the epiphany of the KEY, for the Traders lurking in the back, would feel like bystanders of the auction and should feel this as a textbook only.

So, Are You Willing to Trade?

Dears, Traders, now it's time to drop all your belongings here, any baggage that you might be having! Put all the preconceived notions, beliefs, notions and your ego here. There is no need for them, this point forward. You don't need to build a new house using old bricks! The house built in such a way, does not last and crumbles with the slightest burden of doubts. You don't put fresh wine in an old flask! You don't dress the wound with old dressings. What do I mean by this? Simply, put your beliefs and thoughts that have gained throughout your long life, here. Just like removing your sandals before entering the sanctum sanctorum of the temple. Let all the knowledge that you have dearly collected, throughout your life, dropped down here.

Let's be “with nothing on” here onwards. Let's do the “ablution” of your thoughts. Let's be white in all senses. On your way to return, you will have your chance to pick them up once again. But again, the KEY is under no obligation to make sense to you, just like a stream of water is under no obligation to you. It will “FLOW” , even if you turn your eyes away from it. You can close your eyes, mute your ears, and get miles away from it. It will still flow.

Now, Whenever you are ready!

* * *

ORIGIN

There are no accidents, just the things we don't yet perceive!

Do you really believe that you, the complex being, are sent here, on earth, without purpose? Think again!, is it all just random sequences of events which brought us here? With the degree of complexity, can we question our origin? Even our consciousness? Think again!

Don't take my word for it! Think again!

Look around you, observe your environment. Think again! Ask yourself “WHO AM I?” Ask again, and again and again till you detach from the environment and really grasp the nature of your question. Don't stop, the more sincerely you ask yourself the closer you will get to the answer, it's the only question in the entire existence, which answers itself. The more you ask, the closer you will get to the answer. Sit down, keep aside this book and close your eyes if you prefer, and sincerely ask, “WHO AM I”.

For the answer of “WHO AM I?” the great sages and religious figures of our times, spent their entire lives living in solitude, Great Budhha spent and wandered years and years for the search of the same. Just to find that the answer lies in the plain sight. Ever heard, the best place to hide the secret is in plain sight? Gautama Buddha, on attainment of

enlightenment, laughed incessantly knowing that the answer was in front of him, all these times. It was the efforts of those sage-like figures which helped humanity to find the answer for “WHO AM I?”, just like it took Edison, the multitude of efforts to give us the answer for darkness, the Light Bulb. Newton took years of solitude to give us laws of motion and Gravity.

Now, let's suppose you built a sandcastle, and there you made a sandman. One fortunate day, the sandman stood up and started to ponder about “its” existence, and started to think about the material “it” is made of. We are the same, we are the part of the universe, made up of the universal materials, atoms, and pondering about our existence. We are no different from the sandman contemplating his existence. It's that essence that gave Sandman to contemplate his existence, which is the answer to the question “WHO AM I?”. It may be the most simplified explanation of the answer.

So what's the answer to the question “WHO AM I?”, ask yourself, after noticing the sandman. To simply put, its awareness of being! Which you might know as a concept of consciousness, it's the same awareness of being which made the sandman ponder. And it's the same essence for which Gautama Buddha laughed about, it's the same essence , which is the answer to the question “WHO AM I?”. We are awareness of being! We are consciousness. We are the sandman in a sandcastle, we are a part of the universe, experiencing itself.

I could have given you all the literature of the world to explain to you the concept of awareness of being or so as to call “CONSCIOUSNESS”. Which would be futile at this stage. World is full of knowledge, one can reach the end of his life to answer the question ”WHO AM I?”

Re-read the above SANDMAN and SANDCASTLE given above, maybe a few more times, now one last time! Maybe we are not so different from that SANDMAN! Just as the sandman got aware of its being, it was conscious of its being. Having made up of the same elements as of the SANDCASTLE. Which could imply, CASTLE is also aware of its being, because SANDMAN is made up of the same elements as that of castle, Let's call this the higher consciousness. SANDCASTLE , having higher consciousness, is encompassing the SANDMAN having the Consciousness. The Higher Consciousness is connected to the Consciousness by virtue of its origin and nature, that is, SANDMAN being the part of SANDCASTLE. This same correlation represents our relationship with the universe, us, having the Consciousness , is the part of a higher consciousness, that of the universe. Some might call it GOD, some might call it the universe, some might call it by their preferred name of religious GODs, It's all the same. We are just part of a higher consciousness. Higher awareness of being. Every religion points to one thing, some sort of higher power, some energy, some awareness of being. Right from the oldest to newest religions, all mention the Higher one! the higher power.

WHO AM I?

IAM THAT IAM

We are the awareness, consciousness that is the part of higher consciousness. You might find its resonance, from biblical references, we are made in a godlike image, not only bible but many mystic, esoteric teachings, hinduism, buddhism all made references to the same, which got diluted in course of time. For the sake of defining the concept of Consciousness , we can go on and on, filling pages, but my motive

here is to make you aware, yes aware! About the simplicity of the answers you were looking for “Creating life”. The life which you always wanted. For now, we can say we are consciousness, and a part of greater consciousness. Let's do one simple exercise, let's sit down quietly in a comfortable position, or in a yogic position. Now let your mind run wild, let's go with the flow, soon you might find yourself drifting away in your thoughts, your mind will drag you away in winds of the thoughts, might be a thought of getting next promotion, might be a thought of attending the kid's seminar, might be thought of embarrassment from your past or a worry from the future, it could be anything. For the creative minds and overthinkers - some imaginary utopian or self induced thought would be there, but one thing is for sure, there would be a constant wind of thoughts. Continuing the same exercise, now, let's focus on what kinds of thoughts you are having, just don't react, notice what's going on your mind carefully and objectively as a third person or as an innocent bystander. Sit quietly and just observe what kind of thoughts you are having. Now one may notice, as soon as you start to notice your thoughts, the thoughts would start to disappear or start to get interrupted. But Why? Let's do this once again and notice it carefully. One crucial question arises here, if the mind, so - called brain - is itself creating thoughts then who/what is that “thing”, which is observing the thoughts? You may try this exercise many times over, and think who/what is that, noticing our thoughts? That's your consciousness! The exercise we did, forms the basis of meditation. The “thing” observing your thoughts is your awareness of being. This would be the most basic explanation of the concept of Consciousness. The contemporary scientific community, is yet to conclude the nature and definition of consciousness concretely. But from what we can see,

spiritualism is the only discipline which has defined consciousness, the awareness of being with full confidence, the SCIENCE is yet to touch it. And in my perspective, with current mindset and limited tools, the SCIENCE will never get to the conclusive answer. Our understanding of the universe is limited because the parameters on which we deduce conclusion in scientific community is not at par to understand the complex nature of the universe, we are still using our limited 3D minds to understand multidimensional nature of the universe. The Quantum physics has made an bold attempt to understand the multidimensional nature of the universe.

The story of SANDMAN and SANDCASTLE can be taken once again to understand the relational nature of SANDMAN and SANDCASTLE, or in our case, the universe and us. All the metaphysics teachers emphasized the interconnected nature of our universe, which science is slowly catching on the same. The Quantum entanglement is a great START to understand the interconnectedness of the universe, which again implies the interconnectedness of the whole universe. This interconnectedness of the universe has led certain esoteric followers to coined the term, “Matrix” or “Simulation”. The proponents of the same argue we are living the simulation just like a software but at a universal level, and there exists a programmer who/who is controlling everything. Let's not get into the modern day speculation of the very nature of our “KEY”. The one and ONLY goal of this book is to make you AWARE of your own power to live life in your desired own way.

Again, the sole motive of this book is only to make you AWARE of the fundamental facts of life, which is not what it seems to be, not at all what science thinks it is. Science is helpful in deducing the 3D world

observations, yet again on confronting the multi dimensional nature of the world, the SCIENCE, remains silent or speculative.

The senses which have, vision, touch, smell, taste and sense of hearing are evolved to perceive the tangible nature of our 3 dimensional reality. One living by them, senses the concrete nature of our reality. We are bound by 3 dimensional reality, as long as we stick to them. There is one more sense, which transcends the 3 dimensional reality and way beyond, it's our wonderful IMAGINATION. Which knows no boundary, no time or space. It cannot be contained, you may close your eyes and teleport yourself in a distant part of the world with blink on an eye. But the question arises, what is IMAGINATION and why are we gifted with it? What's the purpose of this sense of IMAGINATION? We can IMAGINE our victory or defeat, our love and hatred. Every Sense has its own purpose, but what about IMAGINATION? Just for daydreaming? Or does it have some purpose way beyond our understanding? Let's deep dive it in forthcoming chapters.

Imagination is more important than Knowledge - Albert Einstein

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Full Edition is waiting for you, whenever you are ready, come as you are...